

Quick Start Guide for S50

Setting Up

Before you start ensure that the watch is fully charged. In the box you will find a USB charger with a charging plate. Plug the USB end into a USB Plug and position the watch over the charging plate so the connectors fit in place. You will see a charging symbol on the watch face. When fully charged remove from the charging plate. Your watch should last a full week on one charge.

Let's start!



Take out the charger, touch the bottom of the bracelet to the charger and charge for 5 minutes or press and hold the button for 3 seconds to activate the bracelet. No need for a specific charger, you can use any USB charging port to charge your smart bracelet.

- Any phone or tablet USB Power Adapter
- USB port on PC or power bank
- Wall charger or power strip with USB port

⚠ Note: Charge the fitness tracker on PC USB port may take longer time.

The watch is now ready to use and to switch it on just tap the face. Tap again at the bottom of the watch face to change the menu shown on the watch.

Tap on the bottom of the watch face to access the different functions

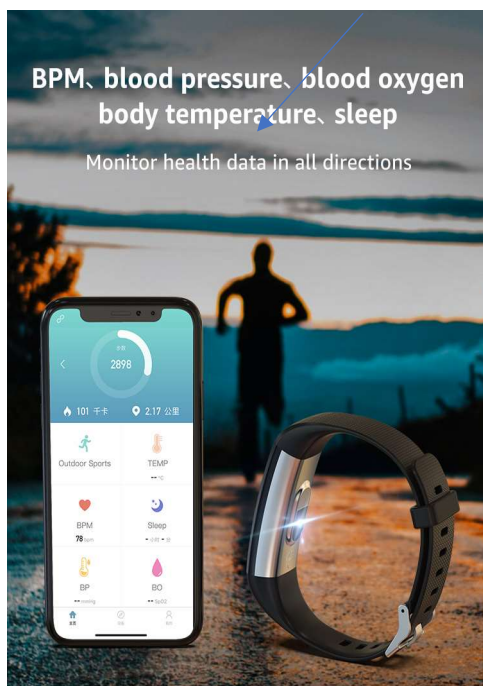


Caution: The results provided are affected by movement and the physical environment. They should not be used for medical purposes.



HOW to connect your watch to your Smart Phone.

Settings and monitoring your information is done on your Smart Phone via an App. The app is called **Runmifit** and is found on Apple Store or Play Store. For setting an alarm and receiving messages you need your watch to be connected to a Smart Phone via Bluetooth. Instructions for this follow this section.



Make sure that the Bluetooth on your phone is switched on. Look for this symbol  in your settings and make sure it is switched to the "ON" position. O

Download the App



Search "**Runmifit**" in the App Store or Google Play.

Or scan the QR code to download.

Agree to the App to obtain the permission of your phone; otherwise, some functions cannot be used, e.g., Incoming call and other message reminders.

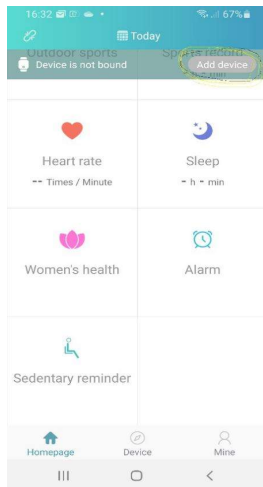


Requires iOS 9.0 Android 4.4 and newer version.

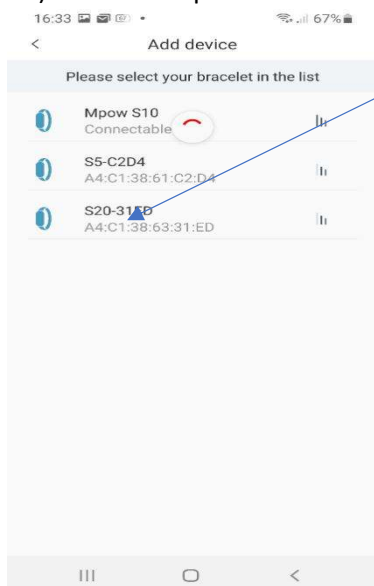
 The fitness tracker works with Runmifit App only, not support third-party fitness App.



Open the APP on your phone and locate ADD DEVICE.



Select the model of your watch which will start with **S50**, and placing the watch (which needs to be on) near to the phone click on your device and the watch information will now appear on the APP.



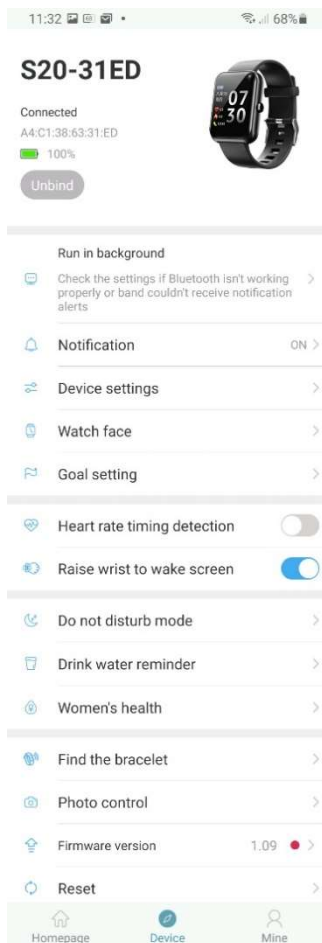
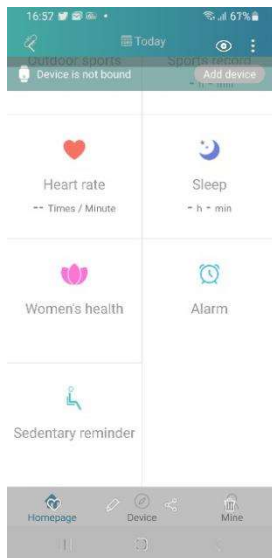
That's it you are now connected

Using The APP

The app will run in the background and will synchronise with your watch when it is close by.

If you press on Device you will enter a menu where you are able to access another screen

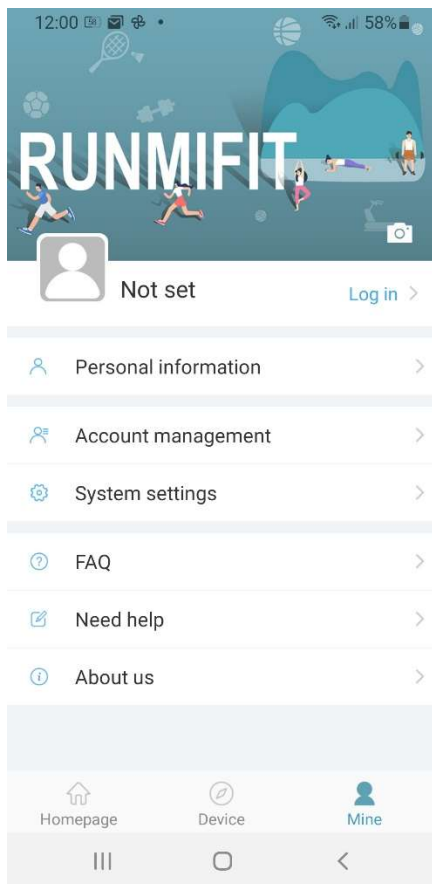




- Notifications – set which notifications you want to receive on your watch such as Phone and SMS
- Device settings – here you can set alarms and exercise reminders
- Watch face – here you can change how the watch looks
- Goal Setting – set the number of steps you want to walk daily
- Sports Mode- select from a host of activities to accurately measure your workout and show where you have been exercising
- Heart Rate timing detection
- Raise wrist to turn the screen on
- Do not disturb mode – ensure that notifications do not disturb you by setting the times that you do not wish to receive them
- Drink water reminder
- Find your watch
- Enable you to take photos on your camera by pressing your watch



Under the **Mine** setting you can add Personal data, delete your data and log in so that your data can be stored on the cloud.



You can replace the strap at any time by moving the pin. The strap will then come away from the body and can be replaced by reversing this action



Main functions



sleep
monitoring



heart rate
monitoring



blood
pressure



blood
oxygen



body
temperature



step
counting



calorie
consumption



distance



GPS track
records



call
reminder



women's
health



Alarm
clock



remote control
camera



SNS
message push



drinking water
reminder

