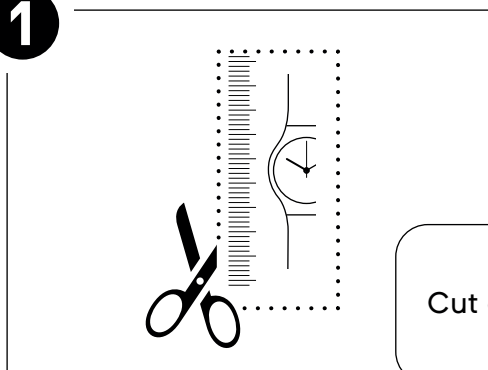




MEASURE YOUR WRIST.

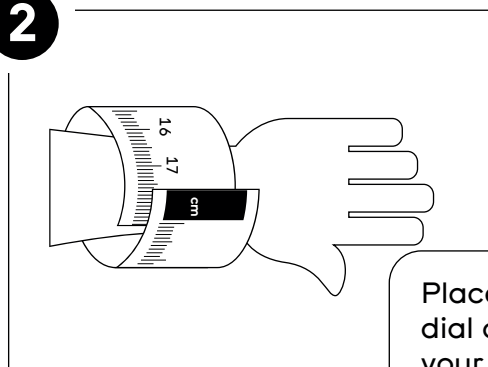
! Make sure to print at 100% size.

1



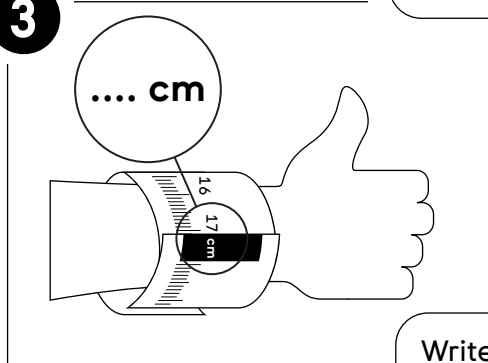
Cut out the ruler.

2



Place the watch dial on top of your wrist. Wrap around.

3



Write down the number that aligns with the black line.

