



PlayStation VR

Instruction Manual Mode d'emploi

Includes important Health and Safety information

Comprend des informations importantes relatives à la santé et la sécurité

EN

This manual contains operating instructions for using PlayStation®VR with a PlayStation4 console. When using product with a PlayStation5 console, icons or item names may vary. The operating instructions may vary depending on which software version you use, whether it's PS4™ or PS5™ system software, or the PS VR device software.

The actual product may vary from the illustrations in this manual.

WARNING

HEALTH AND SAFETY WARNINGS

Carefully read and follow the warnings and instructions below before using PlayStation®VR. Failure to read and follow the warnings and instructions could result in serious injury.

- PS VR is not for use by children under age 12.
- Wearing the VR headset will completely block your ability to see your surroundings. PS VR does not detect obstacles. Review surroundings and clear obstacles from an area larger than the Play Area (→ "Using PS VR") before use. Make sure you are not near any walls, stairs, furniture, or other obstacles that you may collide with or trip over.
- Remain in the center of the Play Area and do not walk around while wearing the VR headset. Remain seated whenever possible. If an application requires you to stand while wearing the VR headset, follow the application's instructions carefully, and maintain awareness of your surroundings.
- Take steps to prevent pets, persons, or other obstacles from entering an area larger than the Play Area during use.
- Before use, check that the VR headset cable is not wrapped around your body or legs, and check frequently during use.
- Avoid extreme or excessive movements of the head, hands, or body while wearing the VR headset.
- Some people may experience motion sickness, nausea, disorientation, blurred vision, or other discomfort or other abnormalities. If experienced, stop using immediately, and remove the VR headset. If you experience symptoms during or after use, rest, and do not engage in any activities that require unimpaired vision, balance or coordination until after symptoms have completely disappeared.
- Avoid prolonged use of PS VR. Take frequent breaks.
- Do not use PS VR if you are tired, dizzy, light-headed, nauseated, sick, under the influence of alcohol or drugs, or have an impaired sense of motion or balance. Consult a doctor before using PS VR if you are pregnant or suffer from a serious medical condition.
- Keep the product out of the reach of small children. Small children may swallow small parts, may pull on cables and cause the processor unit or VR headset to fall, or may wrap the cables around themselves, which may inflict injury or cause an accident or a malfunction.

Photosensitivity/Epilepsy/Seizures

A very small percentage of individuals may experience epileptic seizures or blackouts when exposed to certain light patterns or flashing lights. Exposure to certain patterns or backgrounds on a television screen or when playing video games may trigger epileptic seizures or blackouts in these individuals. These conditions may trigger previously undetected epileptic symptoms or seizures in persons who have no history of prior seizures or epilepsy; if you, or anyone in your family, has had an epileptic condition or has had seizures of any kind, *consult your doctor before playing*.

IMMEDIATELY DISCONTINUE USE and consult your doctor before resuming gameplay if you or your child experience any of the following health problems or symptoms: Dizziness, altered vision, eye or muscle twitches, loss of awareness, disorientation, seizures, or any involuntary movement or convulsion. RESUME GAMEPLAY ONLY ON APPROVAL OF YOUR DOCTOR.

Use and handling of video games to reduce the likelihood of a seizure

- Avoid prolonged use of PS VR. Take a 15-minute break during each hour of play.
- Avoid playing when you are tired or need sleep.

FCC notice

- This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is a guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
 - Reorient or relocate the receiving antenna.
 - Increase the separation between the equipment and receiver.
 - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.
- You are cautioned that any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
- If you have questions about this product, visit playstation.com/helpme. The phone number in the supplier's declaration of conformity is only for FCC electrical interference inquiries.

Supplier's Declaration of Conformity
Trade Name: SONY
Model No.: CUH-ZVR2 and CFI-ZAA1
Responsible Party: Sony Electronics Inc.
16535 Via Esprillo San Diego, CA 92127 U.S.A.
858-942-2230 (Only for FCC electrical interference inquiries)
This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Moisture condensation

If PS VR is brought directly from a cold location to a warm one, moisture may condense inside the VR headset and the processor unit. Should this occur, the product may not operate properly. In this case, turn off the VR headset and unplug the AC power cord from the electrical outlet. Do not use the product until the moisture evaporates (this may take several hours). If the product still does not operate properly, visit our website (→ "Further information").

Unplug the power button

Press the (power) button (→ "Part names") on the VR headset for at least 7 seconds to force a shutdown, and then turn on the headset again. If the problem persists, restart the PS4 console.

High temperature message

If the processor unit's internal temperature becomes elevated, a message will be displayed. In this case, turn off the PS4 console and leave it unused for a while. After the processor unit cools down, move it to a location with good ventilation, and then resume use.

AC adaptor and AC power cord use

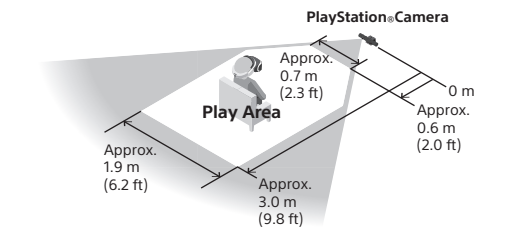
- Use an electrical outlet that is easily accessible, so the AC power cord can be unplugged quickly if the need arises. Stop use, unplug the AC power cord from the electrical outlet and disconnect any other cables immediately if the product functions in an abnormal manner, produces unusual sounds or smells or becomes too hot to touch.
- Unplug the AC power cord from the electrical outlet when the status indicator on the processor unit is red. Unplugging the cord while the status is white or flashing red may cause a malfunction.
- Do not use an AC adaptor or AC power cord other than those supplied with the product. The supplied AC adaptor and AC power cord are designed exclusively for use with this product. They cannot be used with other products. In addition, other AC adaptors or AC power cords cannot be used with this product. Failure to follow these precautions may cause the product to overheat and may lead to fire or electric shock.
 - Do not plug the AC power cord for the product into an electrical outlet until you have connected the HDMI™ cables.
 - Do not damage the AC power cord.
 - Do not touch the plug of the AC power cord with wet hands.
 - Do not use the AC adaptor when it is covered by a cloth, as it may overheat, causing fire or malfunction.
- Unplug the AC power cord from the electrical outlet before cleaning or when you do not intend to use the product for an extended period of time.
- Do not connect the AC power cord to a voltage transformer or inverter.

Using PS VR

- Used with your PS4 console and PlayStation®Camera, PS VR brings you the excitement of virtual reality. You can interact with games more directly because the camera captures the position, angle, and movement of the VR headset.
- Be sure to always update your PS4 console software and PS VR device software to the most recent version.
- Be sure to connect your VR headset to the supplied CUH-ZVR2 processor unit. The headset will not work if connected to a CUH-ZVR2 processor unit.
- To use your camera with your PS5 console, use the included PlayStation®Camera adaptor. Connect the adaptor to the camera and the USB Type-A port on the back of your PS5 console.

Play Area

Limit your use of PS VR to within the Play Area. The height of the Play Area depends on the range captured by the camera. The width and depth of the Play Area are as follows.



: Range captured by the camera
Clear an area larger than the Play Area of all obstacles before using PS VR.
Follow the instructions on the setup screen for PS VR to adjust the camera position and angle, so that you are in the best position (in the center of the Play Area) to play VR mode. If you go outside of the Play Area while using VR mode, a warning will appear on the VR headset screen.

Hint
If the VR headset is not detected correctly, press and hold the (PS) button on the controller, and then select (Adjust PlayStation VR) > (Confirm Your Position) from the quick menu that appears. Adjust the camera position and angle.

Your position while using the VR headset

Remain seated whenever possible. If an application requires you to stand while wearing the VR headset, follow the application instructions carefully, and maintain awareness of your surroundings.

PS VR settings

To configure PS VR settings, go to the PS4 console's function screen, and then select (Settings) > [Devices] > [PlayStation VR].

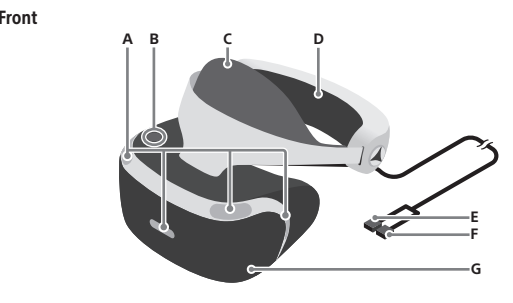
- Hints**
- These settings are available only when PS VR is connected to the PS4 console.
 - You can also configure some settings from the quick menu that appears when you press and hold the (PS) button on the controller.
 - For more information about setting up your PS VR, refer to the user's guide for the PS4 console. Select (Settings) > (User's Guide/Helpful Info) > (User's Guide) from the function screen.

Parental controls

The PS4 console contains settings that parents or guardians can configure as necessary to restrict use of the VR headset by children. To configure settings for each child, go to the PS4 console's function screen, and then select (Settings) > (Parental Controls/Family Management).

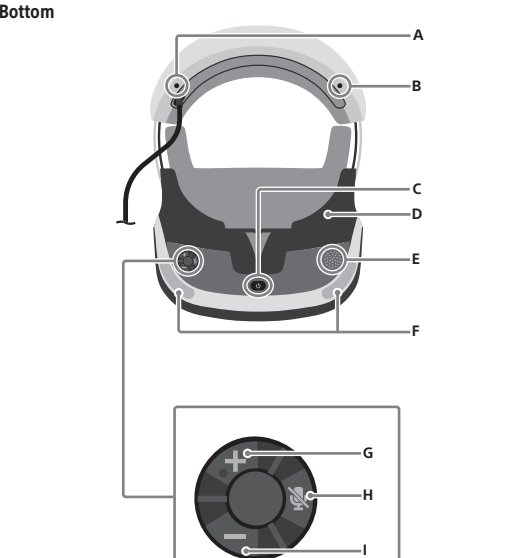
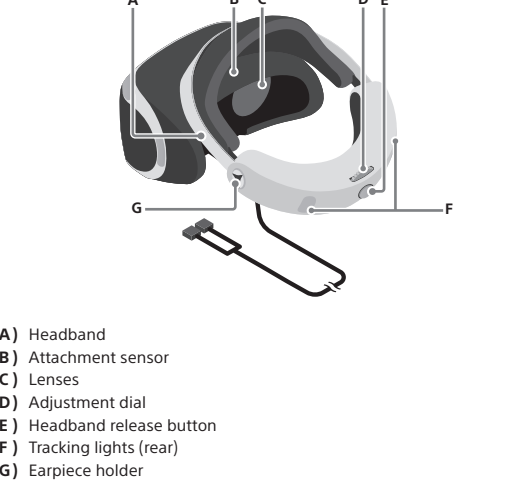
Part names

VR headset

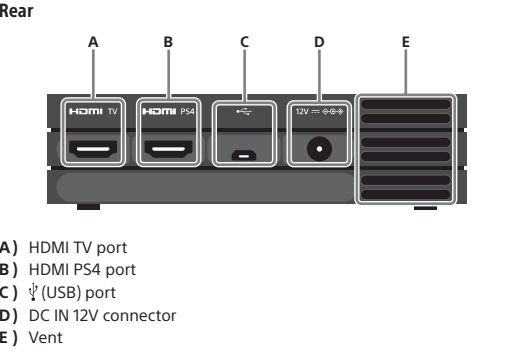
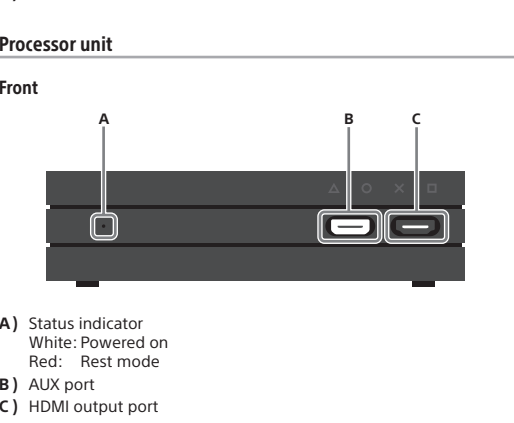


- A)** Tracking lights (front)
Powered on
Light rights blue: Front and rear light blue: VR mode
Front and rear light blue: Powered off
- B)** Scope adjustment button
- C)** Front head support
- D)** Rear head support
- E)** HDMI connector
- F)** AUX connector
- G)** Scope

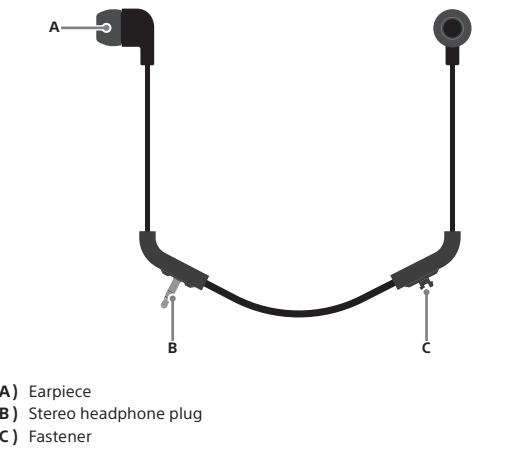
Rear



- Processor unit**
- Front**
- A)** Status indicator
White: Powered on
Red: Rest mode
- B)** AUX port
- C)** HDMI output port



Stereo headphones



Changing the earpieces

The stereo headphones are supplied with M size earpieces attached. Replace the earpieces with the S or L size earpieces for a better fit. To remove, twist then pull the earpiece off the headphones.



Hint
Install the earpieces firmly to help prevent them from accidentally detaching during use.

Care and cleaning

- Be sure to follow the instructions below to clean and maintain your product.
- For safety reasons, unplug the AC power cord from the electrical outlet and disconnect any other cables immediately if the product functions in an abnormal manner, produces unusual sounds or smells or becomes too hot to touch.
- Do not use solvents or other chemicals to clean the exterior surfaces.
- Do not use a chemically-treated cleaning cloth to wipe the product.

Processor unit exterior, VR headset exterior, head supports, connectors

If they are dirty, wipe them with a soft, dry cloth.

Hint
If the connectors on the processor unit, AC power cord, or other parts are dirty, signals may not be sent or received properly. You may also experience noise or interruptions in the sound if the connectors on the headphones or headset are dirty.

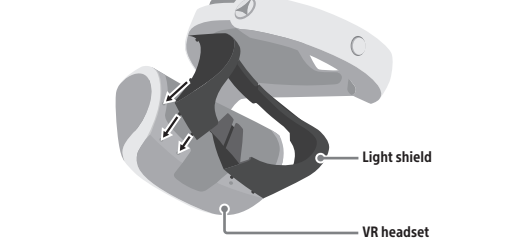
Lenses

Wipe only with a soft, dry cloth made specifically for cleaning lenses. Do not use any paper products such as paper towels, or tissues not specifically intended for lenses.

Hint
Prolonged contact with water or dust may damage the lenses and shorten their life.

Light shield

Remove the light shield from the VR headset and wash it with water. Dry it completely with a soft cloth before reattaching it to the headset. Reattach the light shield by matching the notches on the shield to the 13 holes on the VR headset.



Vents

Remove dust build-up from the vents using a vacuum cleaner or similar product.

Earpieces

Remove the earpieces from the stereo headphones and wash them by hand with a mild detergent. Dry them completely with a soft cloth before reattaching them to the headphones. For details on removing the earpieces, refer to "Changing the earpieces".

Specifications

Design and specifications are subject to change without notice.

Functional descriptions and illustrations in this document may vary from your PS4 console software and/or PS VR device software, depending on the version in use.

VR headset	
Screen	1920 × RGB × 1080 (960 × RGB × 1080 per eye)
Sensor	6-axis motion sensing system (3-axis gyroscope, 3-axis accelerometer)
Port	Stereo headphone jack
External dimensions	Approx. 187 × 185 × 277 mm (7.4 × 7.3 × 13.6 in) (width × height × depth / excluding projecting parts / at shortest headband length)
Mass	Approx. 600 g (21.2 oz) (excluding cables)
Operating temperature	5 °C to 35 °C (41 °F to 95 °F)

Processor unit

Input/output	HDMI TV port HDMI PS4 port USB port HDMI output port AUX port
Maximum rated power	Approx. 20 W
Electrical rating	12 V ≒ 1.7 A
External dimension	Approx. 150 × 39 × 114 mm (5.9 × 1.5 × 4.5 in) (width × height × depth / excluding projecting parts)
Mass	Approx. 300 g (10.6 oz)
Operating temperature	5 °C to 35 °C (41 °F to 95 °F)

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Copyright and trademarks

PS VR device software is licensed to you under the terms of a separate end user license agreement. For details, visit doc.di.playstation.net/doc/psvr-eula/.

End of life product recyding

The product is made of many materials that may be recycled. Follow local regulations when disposing of the product. Sony products may be recycled for free in the United States and Canada by dropping the product off at a number of nationwide locations. Visit www.sony.com/ecotrade for details.

LIMITED HARDWARE WARRANTY AND LIABILITY

Sony Interactive Entertainment LLC ("SIE") warrants to the original purchaser ("you") that the PS VR hardware, which includes components contained in the retail box with this hardware ("Product"), will be free from material defects in material and workmanship for a period of one year from the original date of purchase (the "Warranty Period"). This warranty is valid only the United States and Canada. IF THIS PRODUCT IS DETERMINED TO BE MATERIALLY DEFECTIVE DURING THE WARRANTY PERIOD, YOUR SOLE REMEDY AND SIE'S SOLE AND EXCLUSIVE LIABILITY IS LIMITED TO: (A) THE REPAIR OR REPLACEMENT OF THIS PRODUCT WITH A FACTORY-RECEPITIFIED PRODUCT AT SIE'S OPTION, AT NO CHARGE TO YOU; AND (B) RETURN SHIPPING OF THE HEADSET AND PROCESSOR UNIT (NOT ANY PERIPHERAL, ACCESSORY OR CABLE) TO AN SIE-AUTHORIZED SERVICE FACILITY VIA A SHIPPING BOX WITH A PREPAID SHIPPING LABEL PROVIDED BY SIE, AND SHIPPING OF THE REPAIRED HEADSET AND PROCESSOR UNIT OR A FACTORY-RECEPITIFIED REPLACEMENT HEADSET AND PROCESSOR UNIT TO YOU, AT NO CHARGE TO YOU. For purposes of this Limited Hardware Warranty and Liability, "factory recertified" means a product that has been returned to its original specifications.

THIS WARRANTY DOES NOT APPLY: (A) TO DAMAGE CAUSED BY USE OF THIS PRODUCT WITH PRODUCTS THAT ARE NOT COMPATIBLE WITH THIS PRODUCT; (B) TO DAMAGE CAUSED BY USE OF THIS PRODUCT WITH ANY PERIPHERALS) THAT SIE DOES NOT LICENSE OR SELL, INCLUDING NON-LICENSED GAME ENHANCEMENT DEVICES, CONTROLLERS, ADAPTORS AND POWER SUPPLY DEVICES; (C) IF THIS PRODUCT IS USED FOR ANY COMMERCIAL PURPOSE, INCLUDING RENTAL OR ARCADE PURPOSES; (D) IF THIS PRODUCT IS MODIFIED TO ALTER CAPABILITY OR FUNCTIONALITY WITHOUT SIE'S WRITTEN PERMISSION; (E) TO DAMAGE CAUSED BY ACTS OF GOD, MISUSE, ABUSE, NEGLIGENCE, ACCIDENT, UNREASONABLE USE, OR BY CAUSES UNRELATED TO DEFECTIVE MATERIALS OR WORKMANSHIP; (F) IF THIS PRODUCT HAS HAD THE SERIAL NUMBER ALTERED, DEAFED OR REMOVED; OR (G) TO DAMAGE CAUSED BY (1) SERVICE (INCLUDING UPGRADES AND EXPANSIONS) PERFORMED BY ANYONE WHO IS NOT A REPRESENTATIVE OF SIE OR AN SIE-AUTHORIZED SERVICE PROVIDER, OR (2) OPENING THE PRODUCT OR ANY ACTION TAKEN WITHIN IT BY ANYONE WHO IS NOT A REPRESENTATIVE OF SIE OR AN SIE-AUTHORIZED SERVICE PROVIDER. THIS WARRANTY DOES NOT COVER PRODUCTS SOLD AND CLEARLY MARKED "AS IS" OR WITH FAULTS. SIE MAY VOID THIS WARRANTY IF SIE REASONABLY BELIEVES THAT THE PS VR SYSTEM HAS BEEN USED IN A MANNER THAT VIOLATES THE TERMS OF A SEPARATE END USER LICENSE AGREEMENT FOR SYSTEM SOFTWARE OR GAME SOFTWARE.

THIS WARRANTY IS PROVIDED TO YOU IN LIEU OF ALL OTHER EXPRESS OR IMPLIED WARRANTIES INCLUDING WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE FOR THIS PRODUCT, WHICH SIE DISCLAIMS UNDER THESE TERMS. NO OTHER APPLICABLE LAW REQUIRES ANY OF THESE WARRANTIES, THEN THEY ARE LIMITED IN DURATION TO THE WARRANTY PERIOD.

EXCEPT AS EXPRESSLY STATED ABOVE, SIE EXCLUDES ALL LIABILITY FOR LOSS OF DATA, LOSS OF TIME, OR ANY LOSS OR DAMAGE SUFFERED BY YOU OR ANY THIRD PARTY, WHETHER THOSE DAMAGES ARE DIRECT, INDIRECT, CONSEQUENTIAL, SPECIAL, OR INCIDENTAL AND HOWEVER ARISING UNDER ANY THEORY OF LAW, AS A RESULT OF USING THIS PRODUCT. SOME STATES OR PROVINCES DO NOT ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS AND SOME STATES DO NOT ALLOW THE EXCLUSION OR LIMITATIONS OF CONSEQUENTIAL OR INCIDENTAL DAMAGES, SO THESE LIMITATIONS OR EXCLUSIONS MAY NOT APPLY TO YOU.

This warranty gives you specific legal rights. You may also have other rights which vary from state to state or province to province.

The warranty offered by SIE on this Product is the same whether or not you register your product.

You must visit playstation.com/service or call 1-800-345-7669 to receive a return authorization and shipping instructions. A VALID PROOF OF PURCHASE IN THE FORM OF A BILL OF SALE OR RECEIPT FROM A RETAILER WITH THE DATE OF THE ORIGINAL PURCHASE MUST BE PRESENTED TO OBTAIN WARRANTY SERVICE.

Except as this Limited Hardware Warranty and Liability provides, SIE is not be liable for any direct and indirect, con or normal, or special damages, including any damages that may arise from loss of data or functionality. The foregoing limitation applies to the extent permitted by law.

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The terms HDMI and HDMI High-Definition Multimedia Interface, and the HDMI logo are trademarks or registered trademarks of HDMI Licensing Administrator, Inc. in the United States and other countries.

All other trademarks are the property of their respective owners.

AC adaptor

Input	100-240 V ~ 1 A 50/60 Hz
Output	12 V ≒ 3 A
External dimensions	Approx. 108 × 46 × 30 mm (4.3 × 1.8 × 1.2 in) (width × height × depth / excluding projecting parts)
Mass	Approx. 146 g (5.1 oz)

PlayStation®Camera adaptor (for PS5) (CFI-ZAA1)

Ports	AUX port USB Type-A connector (SuperSpeed USB 5Gbps)
Input power rating	5 V ≒ 500 mA
External dimension	Approx. 87 × 17 × 25 mm (3.4 × 0.7 × 1.0 in) (width × height × depth / excluding cable)
Mass	Approx. 38 g (1.3 oz)
Operating temperature	5 °C to 35 °C (41 °F to 95 °F)

Supplied HDMI cable and USB cable

HDMI cable	Company: Sony Part No.: 1-849-046-**, 1-848-899-**
USB cable	Company: Sony Part No.: 1-849-103-**, 1-849-904-**

* represents a number between 0 and 9.

Supported video input signals

For information about supported video input signals, visit rd.playstation.com/psvr/zvr2/. You can also access this information by using the 2D code.



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Ce manuel contient des instructions d'utilisation pour utiliser PlayStation®VR avec une console PlayStation4. Lorsque vous utilisez le produit avec une console PlayStation5, les icônes ou les noms d'éléments peuvent varier. Le mode d'emploi peut varier en fonction de la version du logiciel que vous utilisez, qu'il s'agisse du logiciel système PS4™ ou PS5™ ou du logiciel du périphérique PS VR. Le produit réel peut être différent des illustrations de ce manuel.

AVERTISSEMENTS

AVERTISSEMENTS RELATIFS À LA SANTÉ ET LA SÉCURITÉ

Lisez et respectez attentivement les mises en garde et les instructions ci-dessous avant d'utiliser PlayStation®VR. Ne pas lire ni respecter ces mises en garde et instructions pourrait entraîner de graves blessures.

- PS VR n'est pas conçu pour une utilisation par les enfants de moins de 12 ans.
- Le port du casque RV bloquera intégralement votre capacité à voir votre environnement. PS VR ne détecte pas les obstacles. Avant de commencer l'utilisation, vérifiez que l'espace de jeu n'est pas encombré d'obstacles autour et à l'intérieur de l'espace de jeu (→ "Utilisation de PS VR"). Assurez-vous que vous ne vous trouvez pas à proximité de meubles, d'escaliers, de meubles ou d'autres obstacles contre lesquels vous pourriez buter ou sur lesquels vous pourriez trébucher.
- Demeurez au centre de l'espace de jeu et ne marchez pas en pivotant le casque RV. Si vous essayez de vous déplacer, il est une application exige que vous vous teniez debout pendant que vous portez le casque RV, suivez attentivement les instructions et restez attentif à ce qui vous entoure.
- Prenez des mesures pour éviter que des animaux de compagnie, des personnes ou d'autres obstacles puissent entrer à l'intérieur et autour de l'espace de jeu lorsque vous utiliserez le casque.
- Avant toute utilisation, vérifiez que le câble du casque RV n'est pas enroulé autour de votre corps ou de vos jambes, et assurez-vous-en fréquemment pendant l'utilisation.
- Lorsque vous portez le casque RV, évitez tout mouvement brusque ou excessif de la tête, des mains ou du corps.
- Certaines personnes peuvent souffrir du mal des transports, de nausées, de désorientation, de troubles de la vision ou d'autres mauxaises ou anomalies. Dans ce cas, arrêtez immédiatement d'utiliser le casque RV et retirez-le. Si vous ressentez ces symptômes durant ou après l'utilisation, reposez-vous et attendez que les symptômes aient complètement disparu avant de vous livrer à des activités nécessitant une vision parfaite, un bon équilibre ou une bonne coordination.
- Évitez l'utilisation prolongée de PS VR. Prenez souvent des pauses.
- N'utilisez pas PS VR si vous êtes fatigué, si vous souffrez d'étourdissements, de vertiges ou de nausées, si vous êtes malade, si vous êtes sous l'influence de l'alcool ou de drogues, ou si vous souffrez de troubles de l'équilibre. Consultez un médecin avant d'utiliser PS VR si vous êtes enceinte ou que vous souffrez d'une maladie grave.
- Ne laissez pas ce produit se trouver hors de portée des enfants en bas âge. Les enfants en bas âge peuvent avaler des petites pièces, tirer sur les câbles et faire tomber le processeur ou le casque RV, ou les différents éléments, déplacés la documentation de façon à ce que les lentilles intérieures (→ "Noms des différents éléments") et les lunettes ne se touchent pas. Tout contact entre vos lunettes et les lentilles peut endommager les lunettes, le casque RV ou les yeux.
- Contrôlez régulièrement l'ajustement du casque RV afin de vous assurer qu'il est porté correctement.

Photosensibilité/Épilepsie/Convulsions

Un nombre limité de personnes peut éprouver des symptômes d'épilepsie ou des étourdissements lorsqu'elles sont exposées à certaines lumières ou à des motifs clignotants. L'exposition à certains motifs ou certaines images d'arrière-plan sur des écrans de télévision ou en jouant à des jeux vidéo, peut déclencher des crises d'épilepsie ou des étourdissements chez des personnes. Ces conditions peuvent déclencher des symptômes d'épilepsie non détectés auparavant chez des personnes qui n'ont jamais été sujettes à des crises d'épilepsie. Si vous-même ou un membre de votre famille souffrez d'épilepsie ou êtes sujets à des crises de quelconque origine, *consultez votre médecin avant de jouer*.

Il faut CESSER IMMÉDIATEMENT L'UTILISATION et consulter un médecin avant de repiquer si vous ou votre enfant ressentez un des symptômes ou problèmes de santé suivants : étourdissements, troubles de la vision, contractions oculaires ou musculaires, pertes de conscience, désorientation, convulsions ou tout mouvement involontaire ou convulsif. PRENEZ LE JEU SEULEMENT SI VOTRE MÉDECIN VOUS Y AUTORISE.

Utilisation et manipulation des jeux vidéo pour réduire les chances de souffrir d'une attaque.

- Évitez l'utilisation prolongée de PS VR. Observez des pauses de 15 minutes après chaque heure d'utilisation.
- Évitez de jouer lorsque vous êtes fatigué(e) ou en manque de sommeil.

Déclaration de la FCC

Cette unité a été testée et il a été déterminé qu'elle se conforme aux normes stipulées par l'article 15 des règlements de la FCC pour un appareil numérique de classe B. Ces normes sont établies afin d'offrir une protection raisonnable contre toute possibilité de brouillage préjudiciable dans une installation résidentielle. Cette unité produit, utilise et peut émettre une énergie radioélectrique, et si elle n'est pas installée et utilisée conformément aux instructions, pourrait causer un brouillage préjudiciable à la radio communication. Il est toutefois impossible de garantir qu'il n'y aura pas de brouillage préjudiciable dans une installation donnée. Si cette unité cause un brouillage préjudiciable à la réception radio ou télévisuelle, ce qui peut être déterminé en actionnant ou désactivant l'appareil, l'utilisateur est encouragé à tenter de corriger le brouillage en prenant l'une ou plusieurs des mesures proposées suivantes :

- Reorientez ou déplacez l'antenne de réception.
- Augmentez la distance entre l'unité et le récepteur.
- Connectez l'appareil à une prise sur un autre circuit que celui auquel le récepteur est connecté.
- Demandez de l'aide au détaillant ou à un technicien radio/télévision spécialisé.

Aucun changement ou modification n'est permis sans avoir été approuvé par les parties responsables des réglementations qui sont en droit de refuser l'autorisation de modifier ce produit. Si vous avez des questions concernant ce produit, visitez playstation.com/helpme. Le numéro de téléphone présent dans la déclaration de conformité du fournisseur ne sert qu'aux enquêtes de la FCC sur les interférences électriques.

Déclaration de conformité du fournisseur

Nom commercial: SONY
N° de modèle : CUH-ZVR2, CFI-ZAA1
Partie responsable : Sony Electronics Inc.
Adresse : 16535 Via Esprillo San Diego, CA 92127 U.S.A.
N° de téléphone : 858-942-2230 (Uniquement pour les enquêtes de la FCC sur les interférences électriques)

Cette unité se conforme à l'article 15 des règlements de la FCC. Son fonctionnement est soumis aux deux conditions suivantes : (1) cet appareil ne peut causer d'interférences nuisibles et (2) cet appareil doit accepter toute interférence reçue, y compris les interférences pouvant entraîner un fonctionnement non désiré.

Précautions

Avant d'utiliser le produit, lisez attentivement ce manuel, ainsi que celui de tout matériel compatible. Conserve

