



For Praxis M24 Road or MTN Cranks
and SRAM GXP™ Cranks

SAFETY INFORMATION - READ BEFORE RIDE

Since specific tools and experience are necessary for proper installation, it is recommended that the product be installed by a qualified bicycle technician.

Read the service instructions of your crank carefully prior to installing the parts. Loose, worn or damaged parts may cause riding problems and serious injury may occur as a result. If installation and adjustments are not carried out correctly, the chain may come off and this may cause you to fall off the bicycle which could result in serious injury. **Read these instructions carefully, and keep them for later use.**

- Ensure that your PF frame shell is clean and free of debris.
- Before riding the bicycle, check that there is no play or looseness in the bottom bracket connection. Also, be sure to retighten the crankarms and pedals at periodic intervals.
- If you feel any looseness or ‘play’ in the bearings, the bottom bracket should be inspected/replaced.
- Be sure to read the instructions for your front chainrings/crank in conjunction with these service instructions.
- **Do not wash the bottom bracket with high-pressure jets of water.**
- For maximum performance it is required to remove and periodically inspect/clean your Praxis Works bottom bracket.
- **Parts are not guaranteed against natural wear or deterioration resulting from normal use.**
- For any questions regarding methods of installation, adjustment, maintenance or operation, please contact a professional bicycle dealer or call Praxis Works.
- Praxis Works assumes no responsibility for damages or injury related to improperly installed components.

READ THE STEP BY STEP INSTRUCTIONS PROVIDED ON THE OTHER SIDE.

WARRANTY

- Praxis Works Bottom Bracket products are warrantied to be free from defects in materials or workmanship for two years after original purchase. The warranty is non-transferable and valid to the original purchaser of the product only.
- Any attempt to modify the product in any way such as drilling, grinding or painting will void the warranty.
- This warranty is not valid for “abused” or neglected products, or products that are damaged by improper installation.
- If a defect is found, our entire liability and your sole remedy shall be, at our option, free repair or replacement of the Praxis product.
- Except as expressly required by law, Praxis Works shall not be held liable for any indirect, special, or consequential damages.

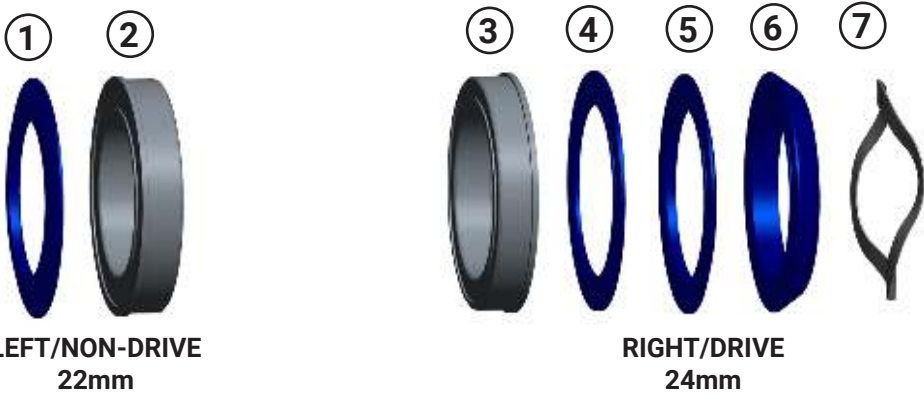
THIS WRITTEN EXPRESS WARRANTY IS IN LIEU OF ALL OTHER WARRANTIES, IMPLIED OR EXPRESSED. This warranty gives you specific legal rights, and you may also have other rights which vary state to state. **For more information on warranty policy and instructions for completing a warranty claim, check out the Full Warranty Policy found at our website. www.praxis-works.com**

M24 BB86/90/92 Compatibility and Spec	
CRANKSET	Compatible with Praxis M24 Based Cranks and SRAM GXP™ cranksets BB86 for ROAD Cranks only - BB90/92 for MTB Cranks only
FRAME SHELL	BB86 ROAD Frames BB90/92 MTB Frames - 41mm Diameter Frame Shell
FRONT DERAILLEUR	Braze-on, Clamp-on

REQUIRED TOOLS

- Bearing Press Tool
- Loctite Superflex Clear RTV (*Carbon BB Shell*)
- Loctite 609 (*Metal BB shell*)
- Park Tool BBT-30.4 Bearing Remover
- Hammer

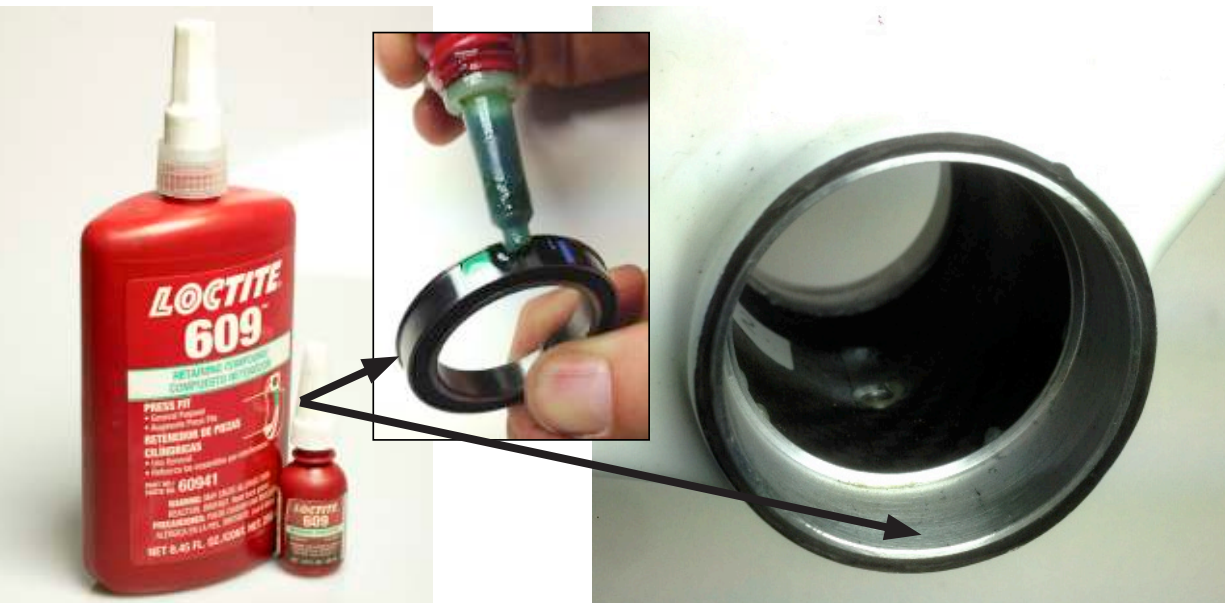
Included Parts		
Number	Part	Qty
1.	22mm ID X 1.7mm Dust Cover	1
2.	LEFT/NON-DRIVE 22mm I.D PF Bearing	1
3.	RIGHT/DRIVE 24mm I.D PF Bearing	1
4.	24mm ID X 2mm Dust Cover	1
5.	24mm ID X 3.7mm Dust Cover	1
6.	24mm ID X 6.8mm Dust Cover	1
7.	Wave Washer	1



FRAME & BEARING PREPARATION

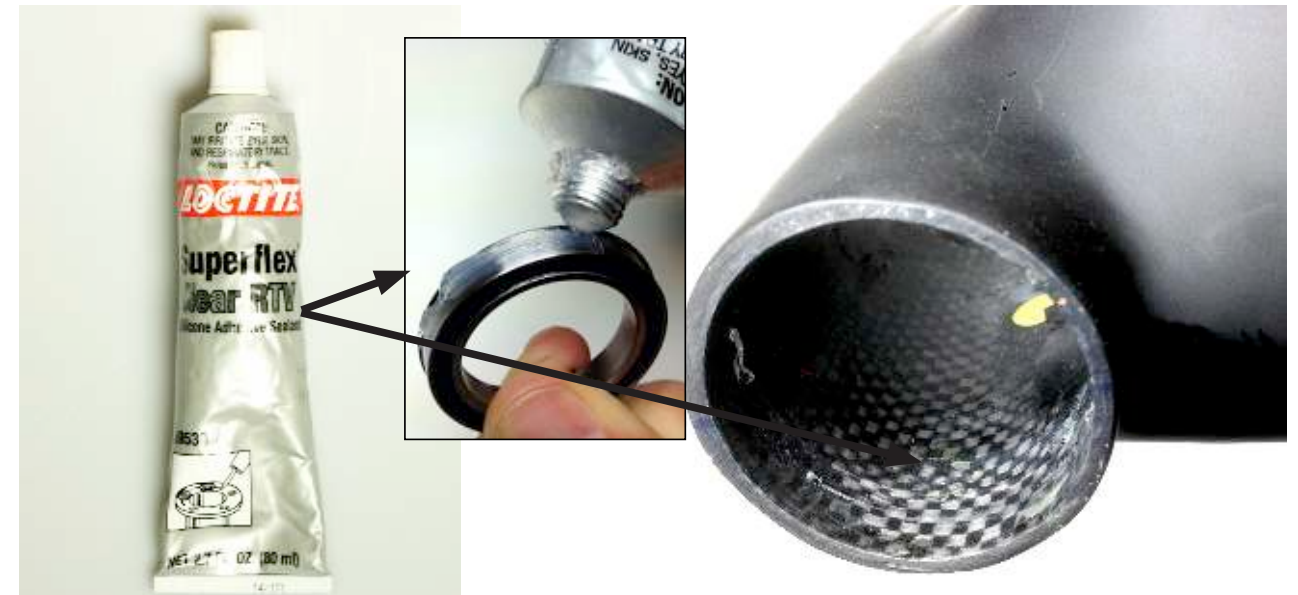
METAL BB SHELL

- 1 Clean the metal BB shell with solvent to remove any grease
- 2 Use **Loctite 609, 603, or 638** retaining compound
- 3 Spread a thin coat of retaining compound around the metal BB shell and on the outer bearing race



CARBON BB SHELL

- 1 Clean the carbon BB shell with solvent to remove any grease
- 2 Use **Loctite Superflex** RTV Silicone Adhesive (Room Temp Vulcanizing)
- 3 Spread a thin coat of the RTV Silicone around the carbon BB shell and on the outer bearing race
- 4 Once pressed, it must cure for 24hrs before riding



Next page *INSTALLATION*.....



BOTTOM BRACKET INSTALLATION

- 1 Press the 22mm ID bearing into the Left/Non-Drive side of the frame
- 2 Then press the 24mm ID bearing into the Right/Drive side of the frame
- 3 Wait 24hrs for silicone to cure if pressed into carbon BB shell

BB REMOVAL

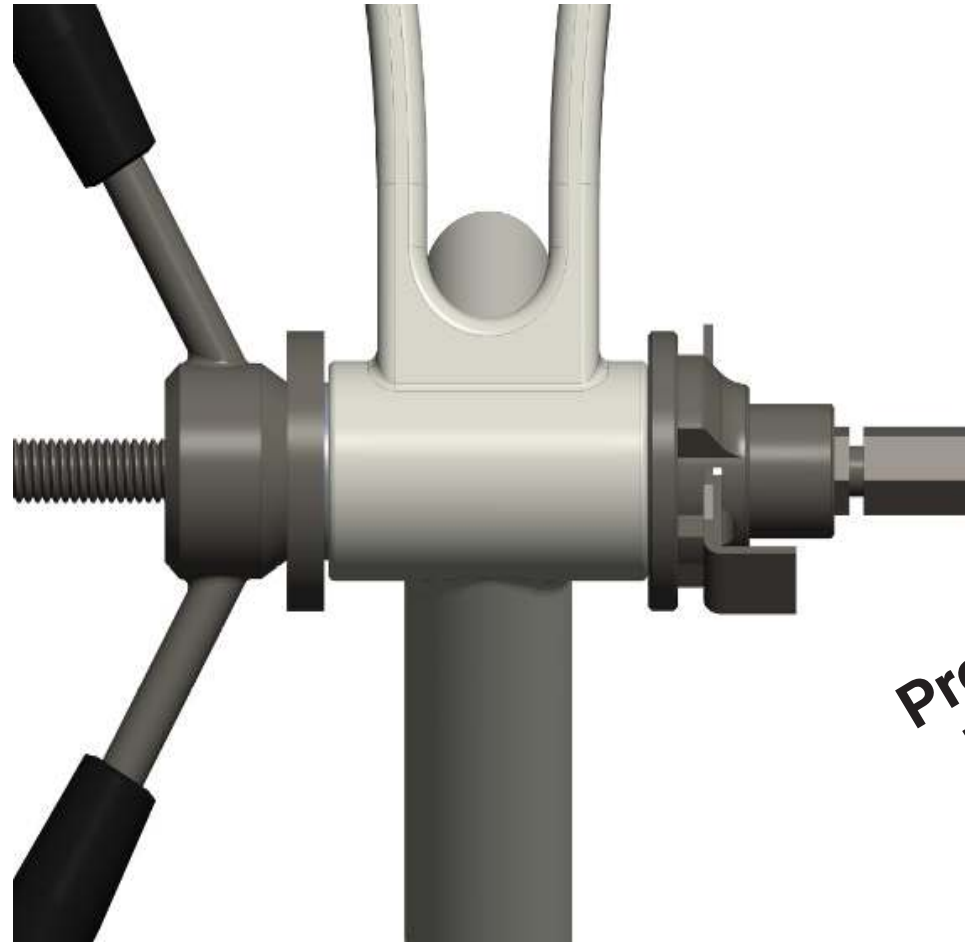
Use Park BBT-30.4 Removal Tool or similar

1. Using bearing removal tool, hammer out the *Non-Drive Side Bearing* from the inside out
2. Using bearing removal tool, hammer out the *Drive-Side Bearing* from the inside out

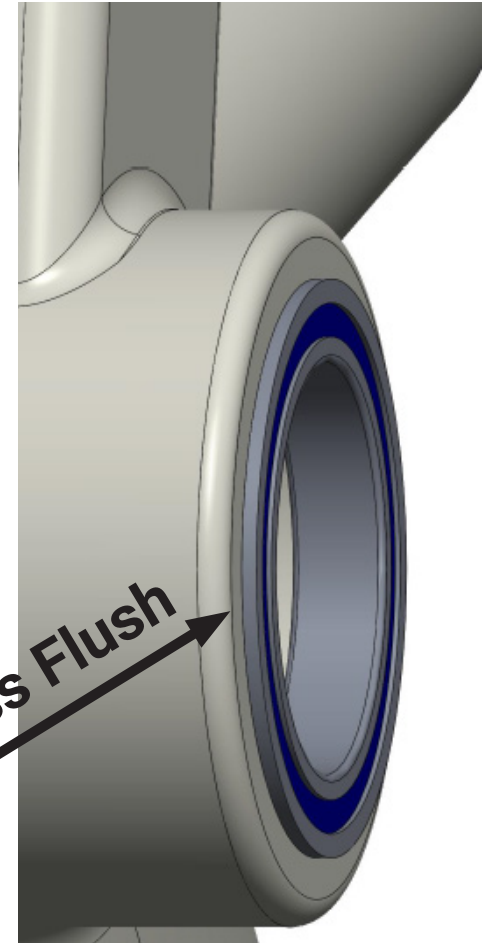


Installation Notes

- Press all bearings using a professional press tool
- Press all bearings flush against the bottom bracket shell
- **Press one Bearing/Side at a time!**



Press Flush



* CRANK INSTALLATION *

Please see CRANK instructions at www.praxiscycles.com/manuals



BB DUST COVER SETUP

Only 1 cover per side!

LEFT/NON-DRIVE
22mm I.D.

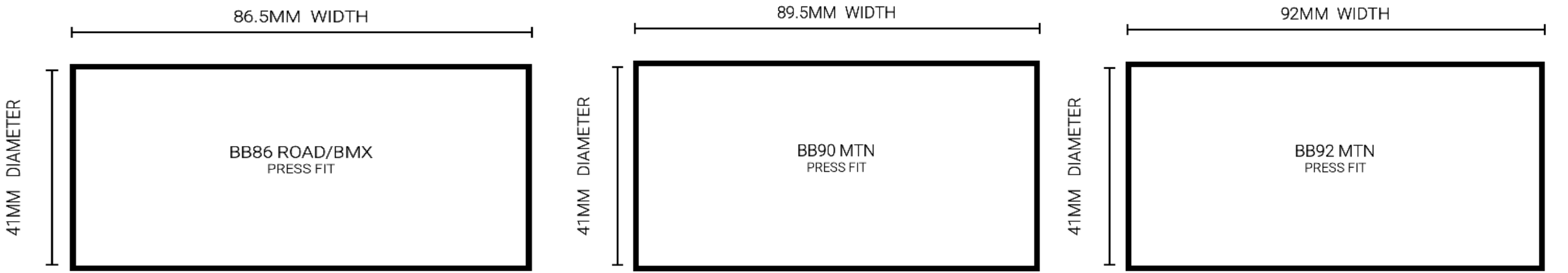


RIGHT/DRIVE
24mm I.D.

(NON-Stepped 28 Cover)

NEXT PAGE FOR
M24 COVER GUIDE

REFERENCE - FRAME BB SPECS



BB DUST COVER GUIDE

ROAD M24	WIDTH	M24 CRANK	LEFT 22MM COVER	LEFT CUP SPACER	RIGHT CUP SPACER	RIGHT 24MM COVER
BSA	68	ROAD DM	1.7mm	-	-	2mm
		ROAD NON-DM	1.7mm	-	-	2mm
		SRAM ROAD GxP	1.7mm			2mm
T47 E.B.	68	ROAD DM	1.7mm	-	-	1mm
		ROAD NON-DM	1.7mm	-	-	1mm
		SRAM ROAD GxP	1.7mm			1mm
T47 I.B.	85.5	ROAD DM	1.7mm	-	-	1mm
		ROAD NON-DM	1.7mm	-	-	1mm
		SRAM ROAD GxP	1.7mm			1mm
* BB86	86.5	ROAD DM	1.7mm	-	-	2mm
		ROAD NON-DM	1.7mm	-	-	2mm
		SRAM ROAD GxP	1.7mm			2mm
BB30/PF30	68	ROAD DM	1.7mm	-	-	2mm
		ROAD NON-DM	1.7mm	-	-	2mm
		SRAM ROAD GxP	1.7mm	-	-	2mm

MTN M24	WIDTH	M24 CRANK	LEFT 22MM COVER	LEFT CUP SPACER	RIGHT CUP SPACER	RIGHT 24MM COVER
BSA	68	GEN1 MTN DM	1.7mm	2.5	2.5	2mm
		GEN1 MTN NON-DM	1.7mm	2.5	2.5	3.7mm
		GEN2 MTN DM	1.7mm	2.5	2.5	3.7mm
		SRAM MTN GxP	1.7mm	2.5	2.5	3.7mm
	73	GEN1 MTN DM	1.7mm	-	-	2mm
		GEN1 MTN NON-DM	1.7mm	-	-	3.7mm
		GEN2 MTN DM	1.7mm	-	-	3.7mm
		SRAM MTN GxP	1.7mm	-	-	3.7mm
T47 E.B.	73	GEN1 MTN DM	1.7mm	-	-	1mm
		GEN1 MTN NON-DM	1.7mm	-	-	3.7mm
		GEN2 MTN DM	1.7mm	-	-	3.7mm
		SRAM MTN GxP	1.7mm	-	-	3.7mm
T47 I.B.	89.5	GEN1 MTN DM	1.7mm	-	-	2mm
		GEN1 MTN NON-DM	1.7mm	-	-	3.7mm
		GEN2 MTN DM	1.7mm	-	-	3.7mm
		SRAM MTN GxP	1.7mm	-	-	3.7mm
* BB90	89.5	GEN1 MTN DM	1.7mm	-	-	3.7mm
		GEN1 MTN NON-DM	1.7mm	-	-	6.8mm
		GEN2 MTN DM	1.7mm	-	-	6.8mm
		SRAM MTN GxP	1.7mm	-	-	6.8mm
* BB92	92	GEN1 MTN DM	1.7mm	-	-	2mm
		GEN1 MTN NON-DM	1.7mm	-	-	3.7mm
		GEN2 MTN DM	1.7mm	-	-	3.7mm
		SRAM MTN GxP	1.7mm	-	-	3.7mm
BB30/PF30	73	GEN1 MTN DM	1.7mm	-	-	2mm
		GEN1 MTN NON-DM	1.7mm	-	-	3.7mm
		GEN2 MTN DM	1.7mm	-	-	3.7mm
		SRAM MTN GxP	1.7mm	-	-	3.7mm

"DM" = DIRECT MOUNT SPIDER (Removable Spider)

"NON-DM" = NOT DIRECT MOUNT SPIDER (Pressed-On Spider)

