



INSTRUCTION MANUAL

21-2039



Thank you for purchasing a Nowley Smart.

We hope that this manual will be useful for your operation.

Before using it for the first time, you must fully charge it and link it to your mobile phone, downloading the corresponding APP and installing it.

In this manual we will show you how to do it.

We will also inform you of its functions, features, frequently asked questions, and observations.



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1. Charge

Before the first use, make sure it is fully charged.

In general, it can take about two hours to be fully charged. Use the charger included with the device and put it on the smartwatch by matching its tips to the charging contact points.

Then connect the USB (charger end) to a computer output or to a 5V-1A power supply.

IMPORTANT: Do not connect it to a power supply that exceeds 5V-1A (5 volts, 1 amp) because the circuit may be damaged and the battery can stop charging.

When the watch is charging, a charging symbol will appear on the screen.

If it does not charge, check that you have placed the charger correctly.



2. Getting started

2.1. Turn on and turn off

Press the screen for 3 seconds to turn on the smartwatch. The start-up logo will appear followed by the initial screen.

To activate it from standby mode, click it.

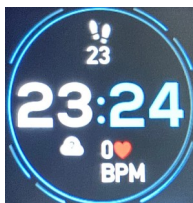
To turn it off, swipe your finger down to display the notification panel. Touch the setting icon and scroll down to the "Power Off" icon.

Press the "Power Off" icon to confirm and press the blue check to turn off your device.

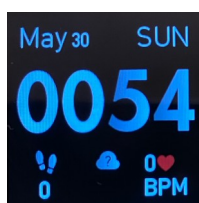
2.2. Display

A display that shows the time, steps, weather and heart rate will appear by default. It has 5 interchangeable dials (the 5th one can be downloaded from the APP). To change them, press on the initial screen until it shows the different dials, and click one.

The available dials are the next:



1



2



3



4



5

2.3. Customise the dial

Dial 5 can be replaced by an image from the gallery or by an image taken with the camera.

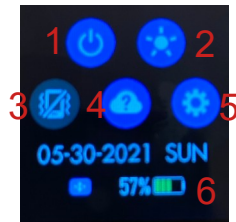


2.4. Navigation

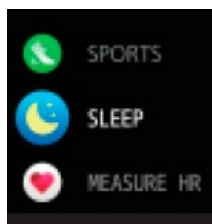
Check the functions by moving your finger, up and down, left and right.

The arrows indicate in which direction you should move the finger so you can access to the functions and the menu.

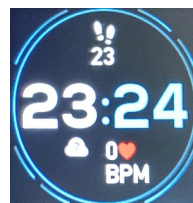
- 1 – Turn off Smartwatch
- 2 – Brightness
- 3 – Activate / Deactivate vibration
- 4 – Weather
- 5 – Setting
- 6 – BT / battery indicator



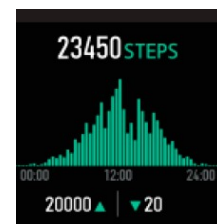
Full menu



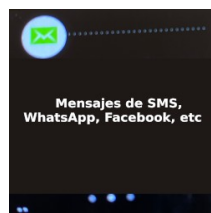
Swipe up and down to cycle through the other functions.



Quick access to functions



Swipe from right to left or vice versa to navigate through the available functions. Press with your finger to enter one of the functions.



Messages



3. Functions

Sports: Touch the main screen, slide to the right and click on "Exercise".



Sleep monitor: This feature automatically detects your sleep quality and monitors your sleep progress based on your movements during the night. On the smartwatch, press on the main screen, slide to the right and press "sleep":



Training: 7 types of sports: WALKING, RUNNING, BIKE, JUMPING ROPE, BADMINTON, BASKETBALL, FOOTBALL.

Steps:

1. Click on the screen.
2. Click on "Exercise".
3. Choose the sport mode.
4. Swipe left to finish or continue.



Note: The distance travelled is regarding the length of the steps, based on an estimation of the personal setting and the number of steps.

On the App:



Note: When the smartwatch is turned on, the App will start recording information. The information will start from 0 every day at 00:00h. When you connect the smartwatch with the mobile phone through the App, the information will be saved for monitoring.

The App also has a GPS and running function. The GPS function provides the distance travelled, the time, the average speed and the calories consumed.



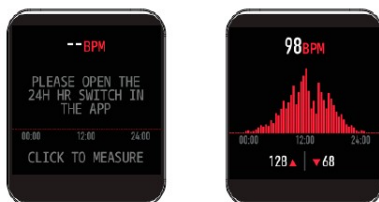
Measurements: The device allows you to measure the heart rate by pressing “Heart”, the blood pressure by pressing “Manometer” and the percentage of oxygen in blood by pressing “spO2”. The information will automatically be synchronised with the phone App.

On the smartwatch:

Touch the main screen, swipe right, choose heart rate or other.



Heart rate



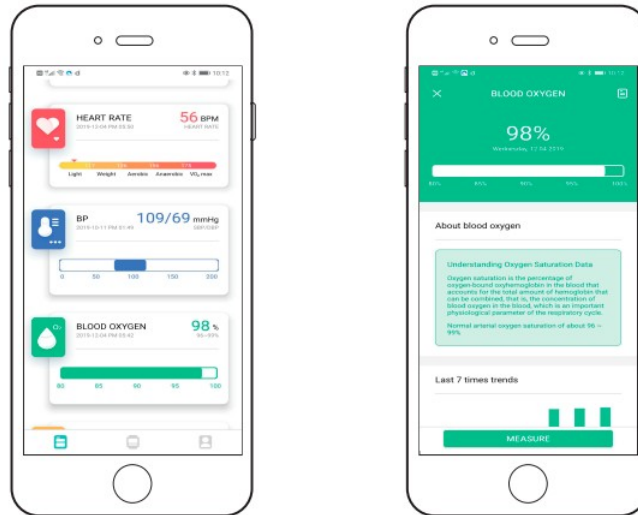
Blood pressure



Blood oxygen



On the App:



Weather: Touch the home screen, slide to the right, choose weather, show city's weather. Press it and it will show the weather for the next 5 days.



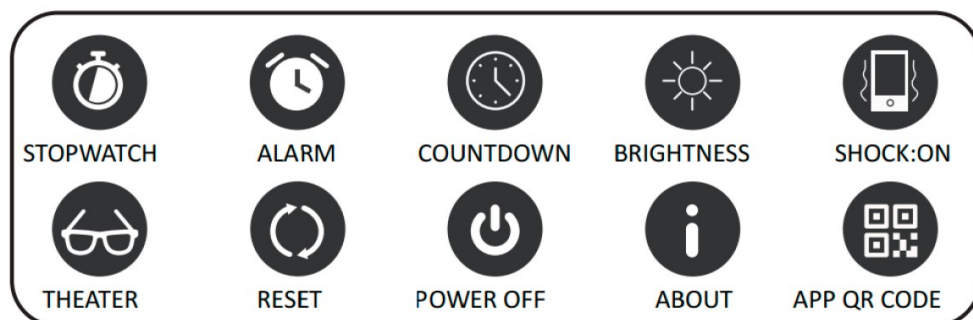
Camera control: Touch the main screen, slide to the right, choose "Shutter" and then open the APP Da fit. Press the shutter mode and take the picture.



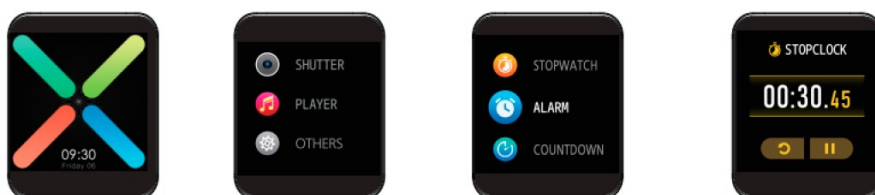
Remote music control: Touch the home screen, swipe right, select the music icon.



Others:



Chronograph: Press the main screen, slide to the right, click on “Others”, click on “Chronograph”.



Alarm: Press the main screen, slide to the right, click on "Others", click on "Alarm". You can configure up to 3 alarms in the App.



Countdown: Press the main screen, slide to the right, click on “Others”, press “Countdown”. You can choose up to 8 options. Click to start. Click again to stop or continue.



Brightness: Press the main screen, slide to the right, click on "Others", click "Brightness". You can adjust 5 levels of brightness.



Steps: Press the main screen, swipe to the right, press "Sports". Click again to deactivate this option.



Theater: Press the main screen, swipe to the right, click on "Others", click "Theater". It will enter into silent mode and the brightness will be reduced.



Reset: Click the main screen, slide to the right, click "Others", click "Reset".



Power off: Click the main screen, slide to the right, click on "Others", click "Power off".



About: Click the main screen, slide to the right, click on "Others", click "About". Check the basic product information and the battery level.



App download: Click on the main screen, slide to the right, click on "Others", click on the QR CODE App and you will download the App by scanning the QR CODE.



NOTE: For future updates, the reminder function of the App may be affected.

4. System information and settings

Time setting: 12/24h

Language: 13 available languages. It can be set through the App.

Battery status: Shown in % and with an icon

Do not disturb mode: Turn off all notifications.

5. Minimum requirements

Operating System	Android 4.4+ o IOS 8.0+
Bluetooth	4.2+

Observation: If minimum requirements are not met, the smartwatch may not work or work incorrectly. In this case, it is recommended to use a superior phone.



6. APP installation

Download and install the APP **Da Fit** on your phone

To download the APP use the following **QR**:



Play Store



APP Store

If you do not have a QR reader, you will find the link at www.smart.nowley.com or on the official search engine of each operating system.

In case you cannot find the APP available in your phone, do not download it from sources of unknown origin, as they may contain malicious software and damage your phone. Please wait for it to be available again in the search engine.

After installing it, open it and accept all the permissions that the App requests on your mobile.

Turn on Bluetooth on your mobile.

Check that the smartwatch has not automatically been paired via Bluetooth to your mobile. If so, please unpair it and pair it again through the App.

7. Pairing the smartwatch

Once the APP is installed, press open.

7.1. Enter personal information

The user must inform the gender, weight, height, length of steps, sleep monitor, etc.

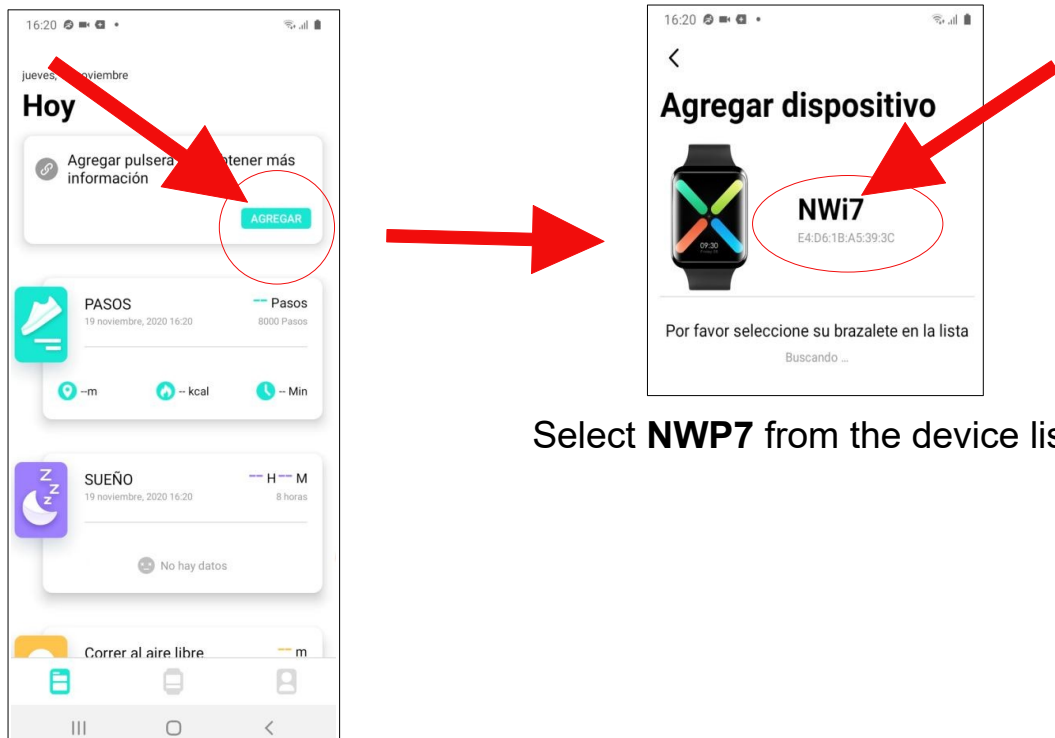


7.2. APP permissions

For the correct operation of the APP and the smartwatch, it is necessary to accept all the permissions that will be requested after setting the personal information.

7.3. Pair your Smartwatch

At this point, we have already set the basic steps and it is time to pair our smartwatch within the APP. To do this, press "Add".

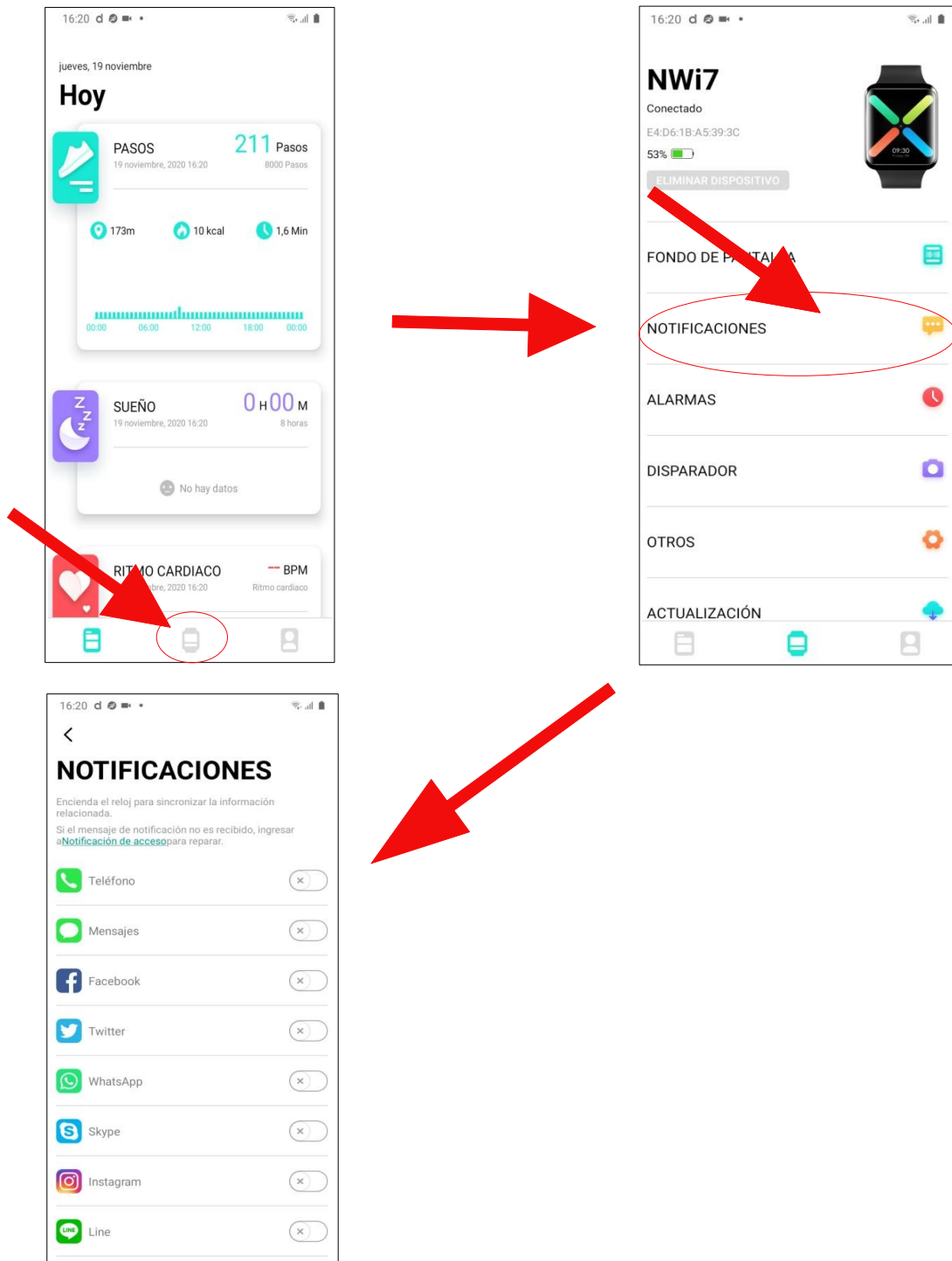


Select **NWP7** from the device list



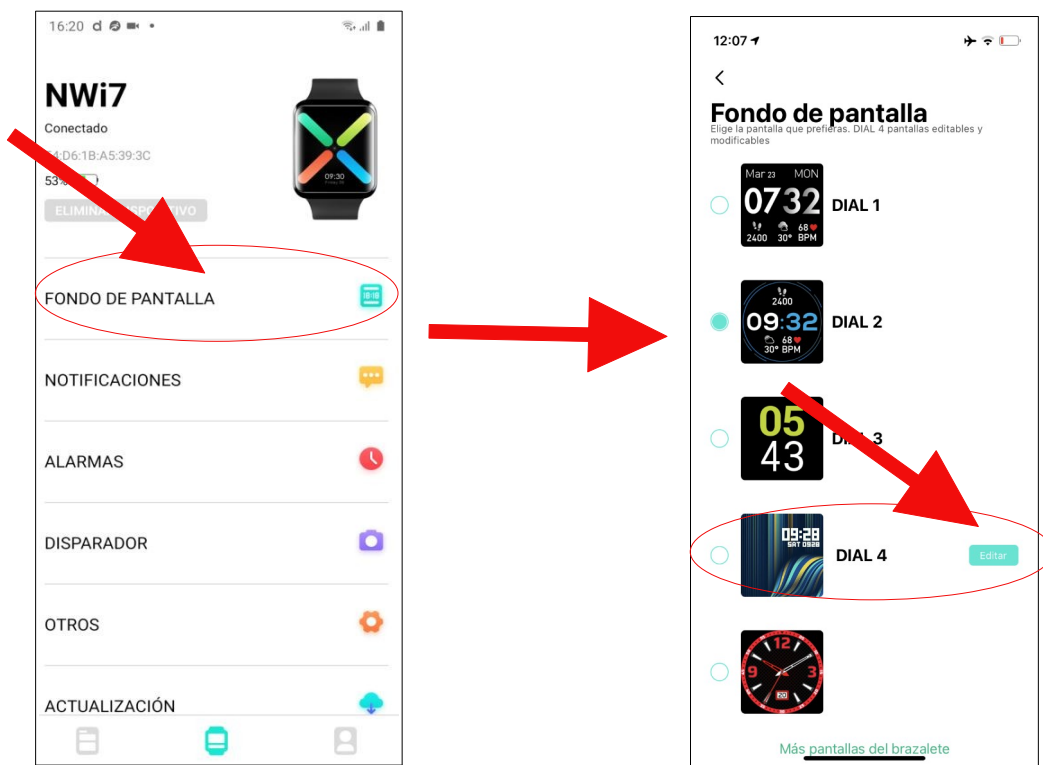
8. Setting Da Fit

Click on the icon of the smartwatch at the bottom of the screen. Allow the access of Da Fit to your notifications. Finally, select the notifications that you want to receive on your smartwatch.

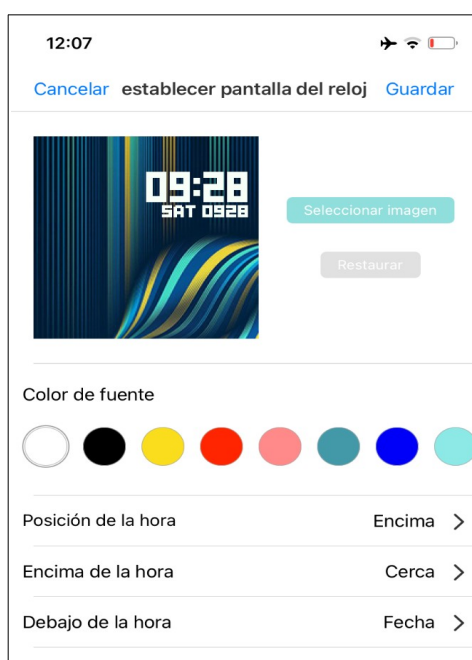


8.1. Set up the customised image

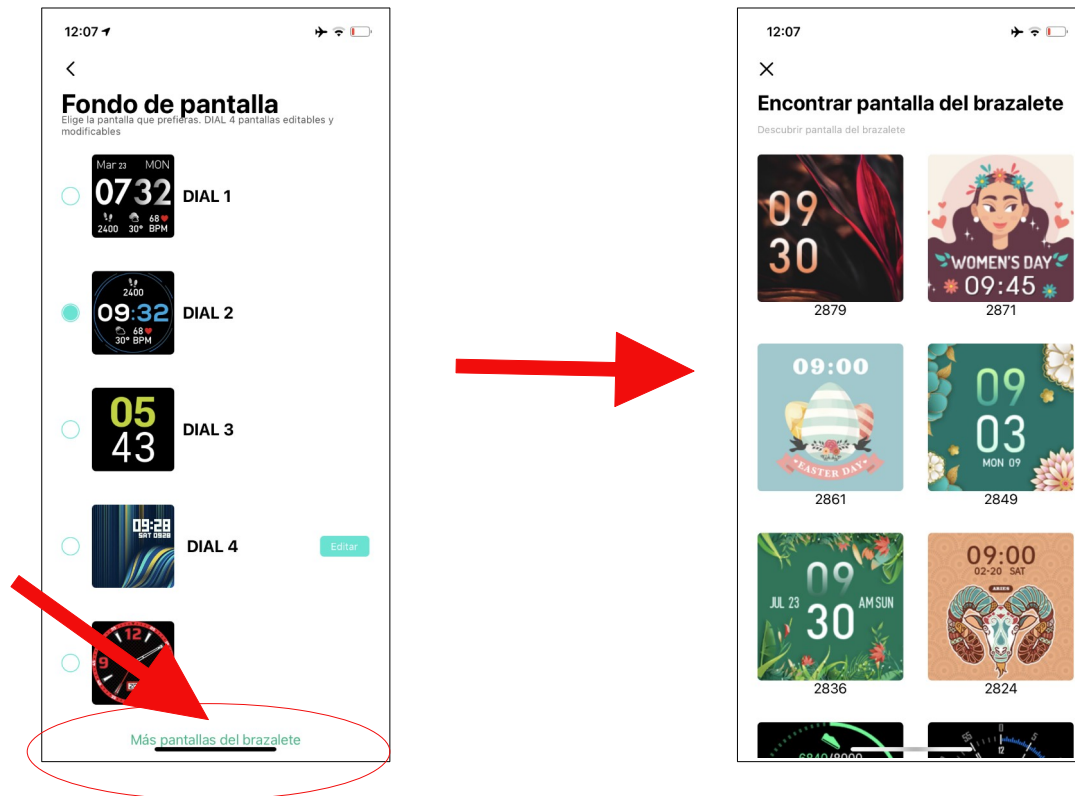
The smartwatch allows you to change the 4th dial and download one from Da Fit on the 5th dial. To customise dial 4, click on "Wallpaper" and then on "Edit" in dial 4.



We can customise the color of the digits, the position or change the background for an image from the image gallery of your phone or take a snapshot. After making the changes click "Save".



To download an available dial on the APP, click on "More screens". Click on the one you want.



Note: Wait until the download has been finished to activate it.



9. FAQ

Is it necessary to install the Da Fit APP?

Yes. It is necessary to install it for the smartwatch to function properly.

Can it work with another APP?

No. It is only compatible with Da Fit.

How to set the clock?

Install the Da Fit APP on the phone and pair the smartwatch. It will automatically sync with the phone time.

How do I know which Bluetooth device the smartwatch is from the list of devices that appear when I am pairing it in the Da Fit APP?

The name of your smartwatch on Da Fit is NWP7.

The smartwatch was unlinked and I can't re-pair it. It gives me an error.

How can I fix the "Error, link failed"?

When this error occurs, the phone may have blocked pairing with the smartwatch. The solution is to turn off the phone, wait about fifteen seconds to turn it on, and try pairing again.

I can't find the smartwatch in the device list of the APP, how do I solve it?

Check if the smartwatch has been connected in "Phone settings"> "Connections"> "Bluetooth". If so, please delete it and try again. If it still does not appear, turn off the bluetooth and phone, wait a few seconds to turn it on, and try again to see if it appears in the list of devices.



10. Observations

If you detect a product quality problem or have questions about its use, contact your store.

Measurement results are for guidance only and cannot be used for medical purposes. Follow your doctor's instructions and do not refer to measurement results for self-diagnosis or treatment.

The degree of waterproofing is IP67, so the smartwatch cannot be submerged or put underwater. Also, avoid hot water because it will damage it.

The company reserves the right to modify the content of this manual without notice.

Do not use a power supply for the charger that exceeds 5V 1A because, if you do so, the circuit will be damaged and the battery will stop charging.

Battery life may vary depending on how the user uses the smartwatch.

The two contacts on the back of the watch cannot be in contact with other conductive material because it may cause a short circuit.

Avoid hitting the smartwatch.

Some functions may vary depending on the version of the software installed.

Charge the smartwatch once every 3 months if you are not using it.

It contains a polymer battery. Do not expose it to fire or high temperature.



11. Features

Dimensions	34 x 42 x 12 mm
Compatibility	IOS 8.0+ & Android 4.4
App	Da Fit
Bluetooth	4.2+
Bluetooth Name	NWP7
CPU	Realtek 8762D
Sensor	HS6620
Display	1.3 Full touch
Resolution	240x240 ppi
Power Input	5V – 1A
Battery	Litio 200 mAh
Charge time	2 hours
Duration in use	2 a 7 days
Standby duration	10 Days
Case	Polycarbonate + Metal
Strap	Mat steel + silicone
Impermeability	IP67
Weight	36 g

