



GloryFit

Scan the QR code below to download and install the app client.

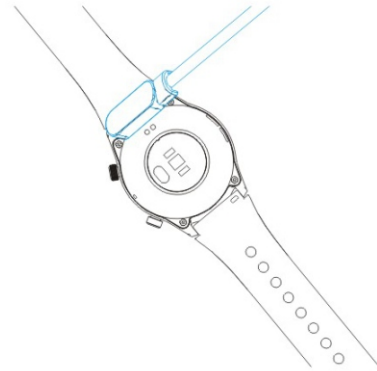


Please scan the code to download the app

SMART BRACELET

Watch charging and activation

Charging activation is required before the first use of the watch: Use the equipped magnetic suction charger to adsorb to the metal contact on the back of the watch, and the other end of the charger can be connected to the USB charging head or computer USB interface.



Notes on Bluetooth connection

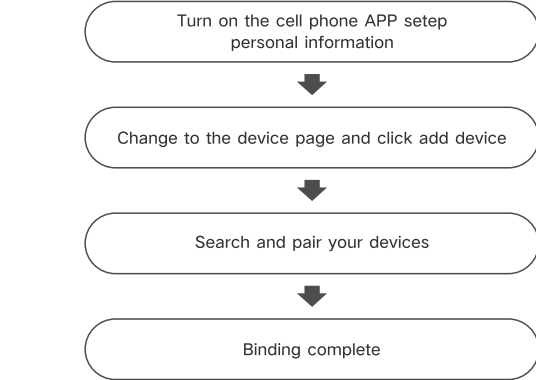
- ①Open mobile location service and gloryfit location
 - ②Open gloryfit app → device → add device →search Bluetooth to connect.
- ※Please do not connect with Bluetooth in the background of mobile phone. Be sure to search and connect through appGloryfit app will not be able to search the Bluetooth. At this time, be sure to ignore the background Bluetooth and release the device.Go backto the gloryfit app to search and connect.



The icon on the top left is gray, which means the watch is not connected or occupied

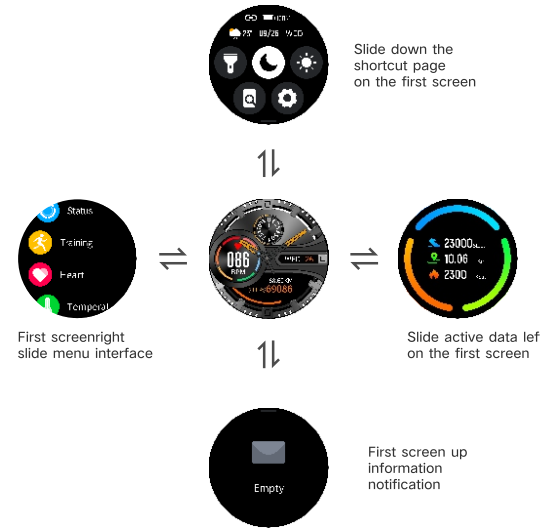


The icon on the top left is green, which means the watch has been connected and occupied. Slide watch charging and activation

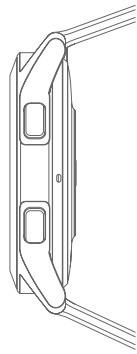


Slide down the time dial of the watch to display the shortcut page, and then click to enter the setting page Set, and then click about to display the MAC address of the watch. You can determine your device by listing the MAC address of the watch through the device; After the watch is bound successfully, the watch will automatically connect with the mobile phone in the future, and the APP data page can be pulled down to refresh the data synchronously;

Watch operation guide



Watch operation guide



Up button: Short press the dial interface to turn off the screen, and short press other interfaces to return to the previous interface.. Long press to shut down.

Next button: Short press to enter Multi Sport mode directly.

Watch function introduction



Movement model
displays 24 kinds of exercise modes. When the exercise is started, the watch will synchronously display the corresponding data such as exercise heart rate and heat, and can also pause or stop the exercise



Activity record
The exercise recording circle tracks your steps, distance and calories.



Sleep statistics
Turn on sleep detection through app to automatically record sleep data, including sleeptime, deep sleep and light sleep time. More detailed information analysis and data records can be viewed in the app.

X10-手表说明书90*90mm-折页

Watch function introduction



Heart rate, body temperature, blood pressure, blood oxygen
Heart rate, body temperature, blood pressure and blood oxygen can be detected by the watch independently, and their data can be synchronized to the app.

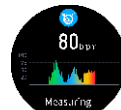


Weather information
The weather page displays the current weather, minimum and maximum temperature records.Slide down one page to preview the weather in the next three days



Message push
The watch can accept the notification displayed on the mobile phone, open the corresponding social application to be pushed through the app, and the watch information page can store multiple message records.

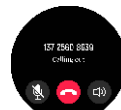
Watch function introduction



Respiratory rate
Respiratory rate monitoring.



Breathing training
Guide the inhalation and exhalation, and the duration can be customized.



Bluetooth call
connecting the Bluetooth of the mobile phone, you can receive and make calls through the watch

Watch function introduction



Bluetooth music
After connecting the mobile phone you can play the music in the mobile phone through the watch, and you can switch to play the previous or next song.



Flashlight
Click in and the whole interface will turn white.



Stopwatch
Stopwatch can time, start or return to zero.

Watch function introduction



Timer
The timer can set time, start timing, or reset.



Looking for a cell phone
Click the view mobile phone icon to call the mobile phone.

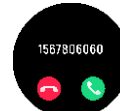


Set up
Watch settings can be changed dial, adjust brightness, view watch information, power off, restore factory.

Watch function introduction



Goal accomplished
You can customize the target steps on the app. If the total steps of the day exceed the target steps, the watch will remind you



Call reminder
After the device and app are connected, if the mobile phone calls, the watch will have a call reminder interface.



Sedentary reminder
Open the sedentary reminder through the mobile app, set the reminder time period, and the watch will remind you to get up on time.

Watch function introduction



Low power
When the power of the watch is insufficient, the watch will be reminded of low power



Alarm clock reminder
Through the app, you can add and set the alarm time, the synchronous watch will display the alarm time, and you can also operate to turn on or off the alarm.

Frequently asked questions and answers

Why does blood pressure data deviate from sphygmomanometer?

There are many factors determining the deviation of the values measured by the watch and sphygmomanometer. The brachial artery was measured by the wristwatch, and the two main parts of the micro artery were measured by the wristwatch. Under normal circumstances, the difference between aortic blood pressure measurement and microarterial blood pressure measurement is three to three. Forty: If you're using a watch and a sphygmomanometer, because of the flow in the artery it's centrifuged blood, and the sphygmomanometer measures it with a strap below the middle of your elbow. The patients in a state of stress, and temporarily the blood can not flow smoothly to the lower artery branch flow. The increase of blood pressure will make the deviation of blood pressure measurement larger.?

Why does blood pressure data deviate from sphygmomanometer?

The temperature of bath water is relatively high, it will produce a lot of water vapor, and the water vapor is gas. Body, its molecular radius is small, easy to seep through the gap of the watch shell, when the temperature drops down, it will re-condense into liquid droplets, easy to cause the watch internal circuit short circuit, damage the watch circuit board and damage the watch.?

Frequently asked questions and answers

Why can't the watch receive a message push?

Android phone settings:

1. Confirm to turn on the message push switch on the mobile client;
2. The confirmation message can be displayed normally in the mobile phone notification column, and the watch message is pushed by reading the mobile phone notification message; If there is no message in the notification column of the mobile phone, the watch will not be able to receive push; (you need to find the notification settings in the mobile phone settings and turn on the notification switches of wechat, QQ, phone, SMS and mobile phone clients)

Iphone settings:

1. Confirm to turn on the message push switch on the mobile client;
2. The confirmation message can be displayed normally in the mobile phone notification column; (you need to find the notification settings in the mobile phone settings and turn on the notification switches of wechat, QQ, phone, SMS and mobile phone clients)

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Warning: changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment

