

**PROGRESS®**

Est. 1931

**SHIMMER  
FOOD PROCESSOR  
AND BLENDER**

Instruction manual



## Safety Instructions

When using electrical appliances, basic safety precautions should always be followed.

Check that the voltage indicated on the rating plate corresponds with that of the local network before connecting the appliance to the mains power supply.

Children aged from 8 years and people with reduced physical, sensory or mental capabilities or lack of experience and knowledge can use this appliance, only if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.

Children should be supervised to ensure that they do not play with the appliance.

Unless they are older than 8 and supervised, children should not perform cleaning or user maintenance.

This appliance is not a toy.

If the power supply cord, plug or any part of the appliance is malfunctioning or if it has been dropped or damaged, cease using the product immediately to avoid potential injury.

This appliance contains no user serviceable parts, only a qualified electrician should carry out repairs. Improper repairs may place the user at risk of harm.

Keep the appliance and its power supply cord out of the reach of children.

Keep the appliance out of the reach of children when it is switched on or cooling down.

Keep the appliance and its power supply cord away from heat or sharp edges that could cause damage.

Keep the appliance away from other heat emitting appliances.

Keep hands, fingers, hair and any loose clothing away from the rotating tools of the appliance.

Do not immerse the appliance in water or any other liquid.

Do not operate the appliance with wet hands.

Do not leave the appliance unattended whilst connected to the mains power supply.

Do not remove the appliance from the mains power supply by pulling the cord; switch it off and remove the plug by hand.

Do not pull or carry the appliance by its power supply cord.

Do not use the appliance if it has been dropped, if there are visible signs of damage or if it is leaking.

Do not use the appliance for anything other than its intended use.

Do not use any accessories other than those supplied.

Do not use any damaged accessories.

Do not use this appliance outdoors.

Do not store the appliance in direct sunlight or in high humidity conditions.

Do not move the appliance whilst it is in use.

Do not place boiling water or very hot liquid in the appliance.

Do not overload the appliance as the mixture level may rise during blending.

Do not touch any moving parts on this appliance during use, as this could cause injury.

Do not touch any sections of the appliance that may become hot during use, as this could cause injury.

Do not use broken or loose cutting or rotating blades.

Switch off the appliance and disconnect it from the mains power supply before changing or fitting accessories.

Always unplug the appliance after use and before any cleaning or user maintenance.

Always ensure that the appliance has cooled fully after use before performing any cleaning or maintenance.

Always use the appliance on a stable, heat-resistant surface, at a height that is comfortable for the user.

Use of an extension cord with the appliance is not recommended.

This appliance should not be operated by means of an external timer or separate remote control system, other than that supplied with this appliance.

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This appliance is intended for domestic use only. It should not be used for commercial purposes.

**WARNING:** Do not touch sharp blades.

## Care and Maintenance

Before attempting any cleaning or maintenance, switch off and unplug the food processor from the mains power supply and allow it to cool fully. Make sure the control dial is at position '0'.

**STEP 1:** Wipe the food processor base unit with a soft, damp cloth and allow to dry thoroughly.

**STEP 2:** Wash all of the accessories except the blade attachments in warm, soapy water, then rinse and dry thoroughly.

Never touch the blades; using extreme caution, clean the blades with a brush and dry carefully.

Do not immerse the food processor base unit in water or any other liquid. Do not use harsh or abrasive detergents or scourers to clean the food processor, as this could cause damage.

The food processor is not safe for dishwasher use.

**NOTE:** The food processor should be cleaned after each use.

**WARNING:** Handle the attachments with care, as the blades are extremely sharp. Exercise caution when attaching, removing, cleaning or storing the blade attachments.

## Description of Parts



- |                             |                              |
|-----------------------------|------------------------------|
| 1. Food Processor base unit | 9. Emulsifier disc           |
| 2. Control dial             | 10. Processor bowl           |
| 3. Blending jug             | 11. Processor bowl lid       |
| 4. Jug lid                  | 12. Feeding chute            |
| 5. Filler cap               | 13. Food pusher              |
| 6. Chopper blade            | 14. Transmission shaft       |
| 7. Dough blade              | 15. Blade attachment adaptor |
| 8. Shredding/slicing disc   |                              |

## Instructions for Use

### Before First Use

Before using the food processor for the first time, wash all of the accessories except the blade attachments in warm, soapy water, then rinse and dry thoroughly. Wipe the food processor base unit with a soft, damp cloth and allow to dry thoroughly. Never touch the blades; using extreme caution, clean the blades with a brush and dry carefully. Do not immerse the food processor base unit in water or any other liquid.

**NOTE:** When using the food processor for the first time, a slight odour may be emitted. This is normal and will soon subside. Allow for sufficient ventilation around the food processor.

## Using the Food Processor

**All attachments must be securely fitted before use; do not attempt to remove them until the blades have stopped moving.**

**STEP 1:** Before connecting to the mains power supply, position the food processor base unit onto a flat, stable surface, at a height that is comfortable for the user.

**STEP 2:** Place the transmission shaft onto the centre of the food processor base unit so that the tabs are aligned.

**STEP 3:** Add the processor bowl onto the food processor base unit so that the transmission shaft goes up through the centre of the processor bowl. Align the tabs and rotate the processor bowl in a clockwise direction until it locks into place. The handle should be facing to the right after it is locked.

**STEP 4:** Select the desired attachment.

- For the chopper blade, emulsifier disk and dough blade, place the blade attachment adaptor onto the transmission shaft and then fit the desired attachment.
- For the shredding/slicing disc, place the disc directly onto the transmission shaft. Insert the desired disc shredding side up or slicing side up, depending on the nature of the food to be prepared.

**STEP 5:** Add the ingredients to the processor bowl.

**STEP 6:** Position the processor bowl lid onto the processor bowl and secure in place by aligning the tabs and then twisting in a clockwise direction until it locks.

**STEP 7:** Insert the food pusher into the feeding chute.

**STEP 8:** Plug in and switch on the food processor at the mains power supply.

**STEP 9:** Holding the processor bowl steady, rotate the control dial in a clockwise direction to the required setting until the food is chopped to the preferred size. Turn the control dial back to '0' and wait for the blades to stop rotating before removing the processor bowl lid.

**STEP 10:** Additional food may be added to the chopped ingredients by removing the processor bowl lid, adding the ingredients and then replacing the processor bowl lid before repeating the chopping process. Alternatively, ingredients can be added via the feeding chute and pushed down with the food pusher if required.

**STEP 11:** To remove the processor bowl from the food processor base unit, remove the processor bowl lid and carefully remove the chopping attachment without touching the blade. Twist the processor bowl in an anticlockwise direction and pull it away from the food processor base unit.

**NOTE:** Check that the processor bowl lid is securely fitted before use. Switch off and unplug the food processor from the mains power supply before adding or removing food.

**WARNING:** Do not use fingers to push food down the feeding chute; only use the food pusher.

Do not operate the food processor without food, as this can cause damage.

Switch off and unplug the food processor from the mains power supply before attempting to remove the chopper blade attachment and before cleaning.

Max. operation time is 1½ minutes. Allow to cool for 1 minute before using the food processor again.

### Using as a Blender

**STEP 1:** Position the food processor base unit onto a flat, stable surface at a height that is comfortable for the user.

**STEP 2:** Place the blending jug onto the food processor base unit, checking that the locking tabs are aligned on both. Turn the blending jug in a clockwise direction until secure. The handle should be facing to the right after it is locked.

**STEP 3:** Chop the ingredients to be blended into small pieces and place into the blending jug. Do not exceed the max. fill mark.

**STEP 4:** Pour the required amount of liquid into the blending jug. Do not exceed the max. fill mark.

**STEP 5:** Fit the jug lid and filler cap onto the blending jug so that the locking tabs are aligned on both. Twist in a clockwise direction until secure.

**STEP 6:** Plug in and switch on the food processor at the mains power supply.

**STEP 7:** To blend the ingredients, turn the control dial to the desired speed setting (1, 2). Turn the control dial to 'P' to activate pulse function; release to stop it. The pulse function provides quick bursts of speed, useful for more solid foods.

**STEP 8:** Stop the blending process by twisting the dial back to '0'.

**STEP 9:** Switch off and unplug the food processor from the mains power supply.

**STEP 10:** Detach the blending jug from the food processor base unit by twisting it in an anticlockwise direction and pulling it up and away from the food processor base unit.

**NOTE:** Ingredients can be added to the blending jug whilst the food processor is in operation by removing the filler cap.

When mixing liquid, blend small quantities at a time to reduce spillage and splattering.

**WARNING:** Max. operation time is 1 minute. Allow to cool for 2 minutes before using the food processor again.

## Troubleshooting

| Problem                                                           | Possible Cause                                                 | Solution                                                                                                                             |
|-------------------------------------------------------------------|----------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| The food processor will not operate.                              | The food processor is not connected to the mains power supply. | Plug in and switch on the food processor at the mains power supply.                                                                  |
|                                                                   | The food processor is not correctly assembled.                 | Check that the food processor has been properly assembled and that the processor bowl and processor bowl lid are secured into place. |
| Dry ingredients are clumping together.                            | The processor bowl is wet.                                     | Dry the processor bowl thoroughly before adding ingredients.                                                                         |
| There are large unchopped chunks of ingredients after processing. | The processor bowl has been overfilled.                        | Remove some of the ingredients and chop in batches.                                                                                  |

## Storage

Reassemble the food processor.

Check that the food processor is cool, clean and dry before storing in a cool, dry place.

Never wrap the cord tightly around the food processor; wrap it loosely to avoid causing damage.

## Specifications

Product code: EK5115P

Operating voltage: 220–240 V ~ 50/60 Hz

Power: 600–800 W

## Connection to the Mains

Please check that the voltage indicated on the product corresponds with your supply voltage.

### Important

As the colours in the mains lead of this appliance may not correspond with the coloured markings identifying the terminals in your plug, please proceed as follows:

The wires in the mains lead are coloured in accordance with the following code:

**Blue Neutral (N)**

**Brown Live (L)**

**FOR UK USE ONLY** – Plug fitting details  
(where applicable).

The wire coloured **BLUE** is the **NEUTRAL** and must be connected to the terminal marked N or coloured **BLACK**.

The wire coloured **BROWN** is the **LIVE** wire and must be connected to the terminal marked L or coloured **RED**.

On no account must either the **BROWN** or the **BLUE** wire be connected to the **EARTH** terminal ( $\perp$ ).

Always ensure that the cord grip is fastened correctly.

The plug must be fitted with a fuse of the same rating already fitted and conforming to BS 1362 and be ASTA approved.

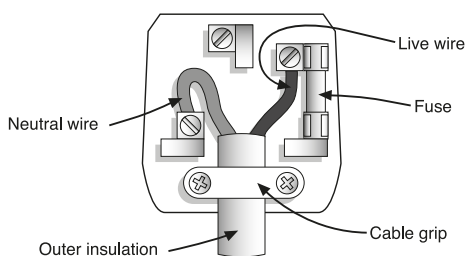
If in doubt, consult a qualified electrician who will be pleased to do this for you.

### Non-Rewireable Mains Plug

If your appliance is supplied with a non-rewireable plug fitted to the mains lead and should the fuse need replacing, you must use one that is ASTA approved (conforming to BS 1362 of the same rating).

If in doubt, consult a qualified electrician who will be pleased to do this for you.

If you need to remove the plug, **DISCONNECT IT FROM THE MAINS**, then cut it off the mains lead and immediately dispose of it safely. Never attempt to reuse the plug or insert it into a socket outlet as there is a danger of an electric shock.



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If this product does not reach you in an acceptable condition please contact our Customer Services Department at **[www.progresscookshop.com](http://www.progresscookshop.com)**.

Please have your delivery note to hand as details from it will be required. If you wish to return this product, please return it to the retailer from where it was purchased with your receipt (subject to their terms and conditions).

## **Guarantee**

All products purchased as new carry a manufacturer's guarantee; the time period of the guarantee will vary dependent upon the product. Where reasonable proof of purchase can be provided, Progress will provide a standard 12 month guarantee with the retailer from the date of purchase. This is only applicable when products have been used as instructed for their intended, domestic use. Any misuse or dismantling of products will invalidate any guarantee.

Under the guarantee, we undertake to repair or replace free of any charge any parts found to be defective. In the event that we cannot provide an exact replacement, a similar product will be offered or the cost refunded. Any damages from daily wear and tear are not covered by this guarantee, nor are consumables such as plugs, fuses etc.

Please note that the above terms and conditions may be updated from time to time and we therefore recommend that you check these each time you revisit the website.

Nothing in this guarantee or in the instructions relating to this product excludes, restricts or otherwise affects your statutory rights.

## **Disposal of Waste Batteries and Electrical and Electronic Equipment**



This symbol on the product, its batteries or its packaging means that this product and any batteries it contains must not be disposed of with household waste. Instead, it is the user's responsibility to hand this over to an applicable collection point for the recycling of batteries and electrical and electronic equipment. This separate collection and recycling will help to conserve natural resources and prevent potential negative consequences for human health and the environment due to the possible presence of hazardous substances in batteries and electrical and electronic equipment, which could be caused by inappropriate disposal. Some retailers provide take-back services which allow the user to return exhausted equipment for appropriate disposal. **It is the user's responsibility to delete any data on electrical and electronic equipment prior to disposal.** For more information about where to drop batteries, electrical and electronic waste off, please contact the local city/municipality office, household waste disposal service, or the retailer.

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\*To be eligible for the extended guarantee,  
go to **guarantee.upgs.com/progress/** and register your  
product within 30 days of purchase.

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