



RED LIGHT THERAPY

Instructional Manual

RED-LIGHT-THERAPY FOR HUMAN

Thank you for purchasing our red light therapy, we hope you can get benefits from our device .



SAY HELLO TO YOUR RED LIGHT

Before starting your first session, please make sure to read this manual as it may explain important operating procedures. The red light devices use red 660nm and Infrared 850nm leds which is chosen to give the ideal wavelengths found in the scientific research of the last three decades .

660nm of red light.

This light can be seen by the eyes and targets skin cells.

850nm of near infrared light.

This light cannot be seen by the eyes and targets deep tissue.

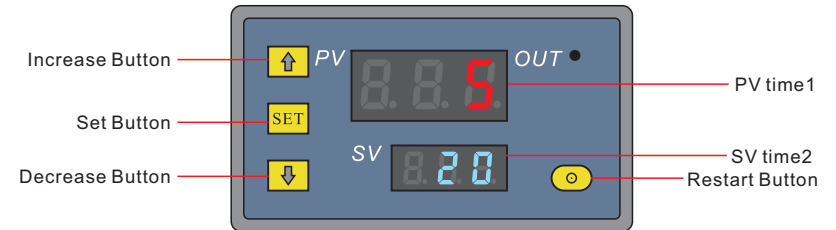
SPECIFICATION

Product Name	YL-IRP-001	YL-IRP-002	YL-IRP-003	YL-IRP-004
Power	500W	1000W	1500W	2000W
Actual Power	150W	300W	450W	600W
Input Voltage	AC110-240V	AC110-240V	AC110-240V	AC110-240V
LED QTY	100pcs 3W(default) / 5W	200pcs 3W(default) / 5W	300pcs 3W(default) / 5W	400pcs 3W(default) / 5W
Bean Angle	30° or customized	30° or customized	30° or customized	30° or customized
Irradiance	>110 mW/cm² @6inch	>120 mW/cm² @6inch	>130 mW/cm² @6inch	>135 mW/cm² @6inch
Spectrum	850:660 1:1 or customize	850:660 1:1 or customize	850:660 1:1 or customize	850:660 1:1 or customize
Material	Iron	Iron	Iron	Iron
Dimensions(mm)	265*220*70mm 10.43"x8.66"x2.76"	480*220*70mm 18.90"x8.66"x2.76"	690*220*70mm 27.17"x8.66"x2.76"	920*220*70mm 36.22"x8.66"x2.76"
Lifespan	50,000	50,000	50,000	50,000
Net Weight (kg)	2.50kg	5.10kg	6.90kg	8.90kg

THIS PACKAGE INCLUDES

- 1* Red light device
- 1* door hook
- 1* Power cable
- 2* rope clip hanger
- 1* eye protection
- 1* User manual

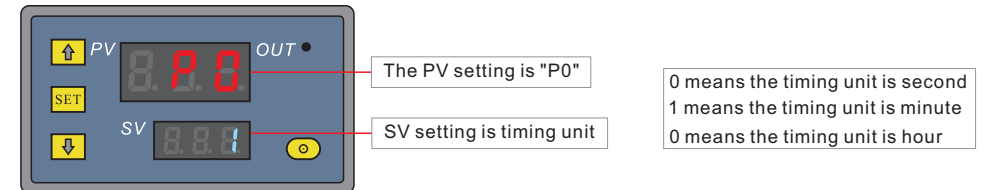
TIME CONTROLLER EXPLANATION



OPERATION GUIDE

1. Turn on the power switch, the time controller is on. Long press the "set" button, the PV is "P0", and press the increase/decrease button to select the type of timing unit: 0, 1, 2; Our products SV is "1", that means the timing unit is minute.

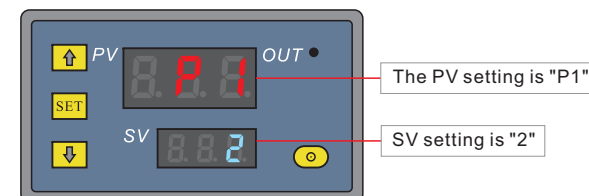
Code	Item	Value	Introduction	Remark
P0	Timing unit	0	Second	Time range: 0-999s
		1	Minute	Time range: 0-999min
		2	Hour	Time range: 0-999h



Our products the timing unit is minute, so PV is "P0" / "SV" is "1"

After P0 is set, wait for 3 seconds. The device automatically saves the Settings and rolls back display.

2. After setting the timing unit, long press the set button, the PV is "P0", then press the set again, the PV change to "P1", and press the increase / decrease button to select the type of operating mode: 0, 1, 2, 3, 4, 5; Our products SV is "2", that means timed off after timing on.

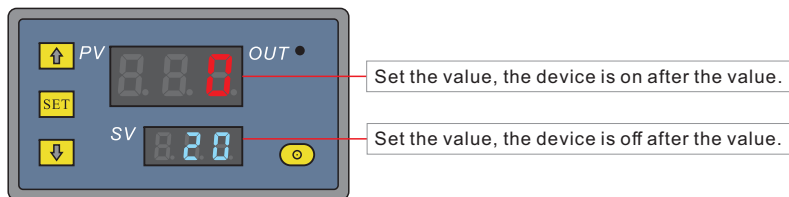




Code	Item	Value	Introduction
P1	Operating mode	0	Timed on
		1	Timed off
		2	Timed off after timing on
		3	Timed on after timing off
		4	Cycle timing on-off
		5	Cycle timing off-on

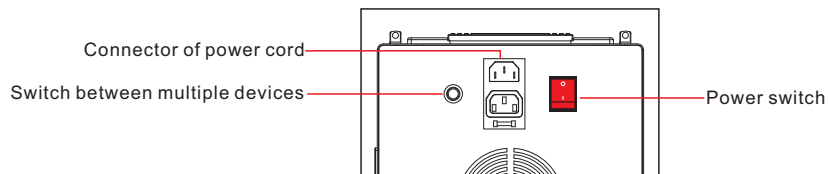
Our products the operating mode is timed off after timing on, so PV is "P1"/"SV" is "2". After P1 is set, wait for 3 seconds. The device automatically saves the Settings and rolls back display.

3. After setting the Operating mode, short press the set button, PV digital tube is blinking, press the increase/decrease key to set the corresponding time. the device after the time is on. Press the set again, then SV digital tube is blinking, press the increase/decrease key to set the corresponding time. The device after the time is off. Our products PV is "0", SV is "20".



- During the operation, it starts counting down and stops working when counting down to "0".
- During operation, the therapy can be stopped by press the power button at any time.
- Automatically save the last setting after power off, and continue working after power on.
- When the product is powered on, it will automatically start running. In the running state, long press the "restart" key to restart.

FUNTION



USER INSTRUCTION

- Place your device
 - Using the hook, hand it on the place that's most convenient for you.
 - Using the stand, set it on the place that's most convenient for you.

Note: Distance Apply the light from 0-18".
- Input voltage AC110-240V

Flip the power switch and set the timer as your request. Then the device will work.
- Enjoy the red light device

Exposure each area for 5-30 minutes, depending on the distance, Than move to next treatment area.

WE RECOMMEND

Expose your skin for best results

For skin issues, we want between 5 J to roughly 15 J per area. So optimal treatment times with the lights are:

- 30 seconds to 2.5 minutes per area (if the light is 6" away).
- 1 to 3.5 minutes per area (if the light is 12" away).
- 2 to 5 minutes per area (if the light is 18" away).

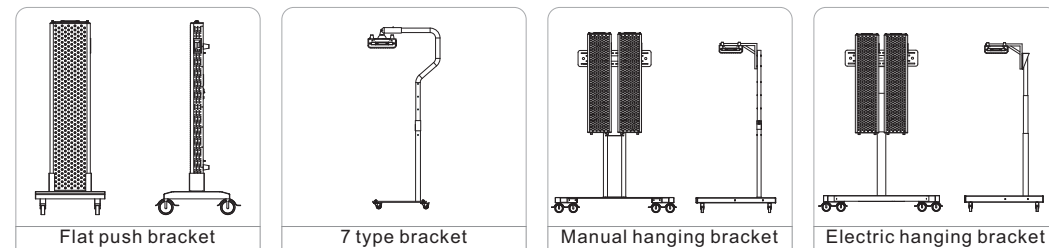
For deeper issues (muscle, bone, brain, organs, glands, fat, etc.).

We want around 20-60 J per area, so optimal treatment times and treatment distances are:

- 2 to 7 minutes per area (if the light is 6" inches away).
- 5 to 10 minutes per area (if the light is 12" away).
- 8 to 15 minutes per area (if the light is 18" away).

Frequency: Do this 2 to 14 times a week until results are felt.

MOUNTING BRACKET SELECTION



Note: For detailed instructions, please read the bracket installation manual

SCENE USE



WHAT ARE THE BENEFITS OF RED LIGHT?

Research shows, that the wavelengths in the spectrum of 660-850nm show optimal biotical response.

- Skin rejuvenation
- Speed wound healing
- Enhanced blood circulation
- Aging spots and wrinkle removal
- Increase collagen
- Weight loss
- Decreases pain
- Anti-inflammatory
- Chronic fatigue

Even though this technology don't have side effects, we suggest taking the following precautions.

- Not intended for the use by children and pregnant woman.
- Do not exceed 30 Min. On one treatment.
- Don't stare directly at the light, or were eye protection when lighting.

Contact your doctor if you :

- Have any medical questions .
- Suspect that you have had a negative reaction from using the device .
- Are taking drugs known to cause light sensitivity .



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