
Watch 6 User Manual



Thank you for choosing our product!

To have a comprehensive understanding and using this device, to know all the features and simple operation method, please read this manual first.

The functions on the user manual may be little different with physical, please make the final products as the standard.

The typing errors in this manual and discrepancies will be timely updated with the latest products. If we have updates, this manual will be subject to change without notice. Our company reserves the right of final interpretation.

Remark: The product supports waterproof with IP68 level, it is available to wear it while wash hands, swim, in raining, etc.

⚠ Do not use it when have a hot shower/bath or sauna, the vapors will get into the host, scratch damage of peripheral components. All these are beyond the scope of the warranty.

✂ Operation Guide

Crown button: Press to enter main menu.

Turn On/Off Button: Long press for switch ON/OFF the watch; Short press for return to standby. Hold for 10 seconds reboot the device.

Touch instructions: Swipe left to enter main menu, tap the icon to enter a function, Swipe right to return, swipe left enter next level of the function.

Watch faces switch: Long press the watch face and slide right or left to select different watch faces.

Charging instruction: This product adopts a wireless charger that supports mobile phone chargers within 5V and computer USB port. Put the watch on the concave



side of the charging base and it will automatically adsorb and charge. A full charge takes about 150 minutes. The green light of the charging base flashes to indicate that it is charging, when it stops flashing means charging is completed. The theoretical standby can reach 5 days, Normal working battery life is 2 days.



Watch strap change: Pull forward with one hand, push forward with the other hand at the same time, watch strap can be easily taken apart.

Watch connects to Phone, download the App “M Active” in the Phone at first, reference following 2 methods:

1) Android/iOS Phone: Scan following QR code image by browsers or any Scanner to Download “**M Active**”.



2) Android Phone: search and download “**M Active**” app from Google Play;
iOS phone: search and download “**M Active**” app from Apps Store;

Bluetooth 4.0 connection: After installation, turn on cellphone Bluetooth and M Active App, confirm the notifications, location, all permissions are enabled, tap Device - Add Device, search



“Watch6” device and tap connect. Some Android phones need turn ON GPS to connect.

Bluetooth 3.0 connection: At watch side Bluetooth-searching Bluetooth-select turn on Bluetooth-tap your cellphone name in the list, confirm the connection at your cellphone end. Then you are success connected;

Only when Bluetooth 3.0 & 4.0 both connected the watch can be abled full performance, slide down the watch you will see the Bluetooth icon, green color at upper means Bluetooth 3.0 is connected, Blue color at bottom means Bluetooth 4.0 is connected.

How to set notification: into phone's Settings-App Management, find “M Active”-permissions Management, turn on all allow.

Into Notifications- find “M Active”, Turn all on allow. Into “M Active”- “Application push”, select all allow.

In the phone, make sure that you allow your Apps such as WhatsApp, Facebook, Email notification allowed, can be push into the phone notification center.

As the Bluetooth protocol is different between all the mobile phone brands. Sometimes the Bluetooth connection will be instability between mobile phone and smart watch. Please restart the Bluetooth, then try to connect again, or restore factory settings. If appear system halted, please long press power button about 10 seconds to restart watch.

Main functions

Calling

Dial: Bluetooth call via cellphone, talk at the watch end.

Phonebook: Sync all the contacts in the cellphone, maximum is 200 contacts.

Call logs: Sync all the calls history in the cellphone.

SMS: Sync all the messages in the cellphone (Not support iOS phone yet).

Notifications: Synchronous all the phone notifications, such as Facebook, WhatsApp, SMS, Email etc., if you want to display the notifications with contents, need to setup to display the details of Facebook and WhatsApp notice function in the Apps in the phone. It will vibrate for incoming calls and messages.

Bluetooth: Search the device you want connect, or disconnect the devices.

Pedometer: Recording the steps you walked during the day, calories burn and distance. Everyday 0 o'clock all the data will be saved automatically and reset to 0. Slide up enter option; status, on and off; history, it can check 7 days local records; Goal, set a target for everyday steps; put into all your information, such as Gender, Height, Weight etc. for more accurate measure your steps data.

Sleep monitor: The device turns on sleep monitor automatically from 9p.m to 9a.m. It records



your sleep duration and quality, help to build a better rest time, improve sleep quality. Slide up enter options; Status, On and Off; History, check out deep sleep and light sleep; instruction.

Heart rate monitor: wear the watch tightly with your wrist, best position would be upper of the hand-wrist, around 20 seconds it will shows the real time heart rate data, slide down menu into history, mode includes single measure and continuous measure; and instruction. Generally speaking, normal value is 60-90 times/min.

ECG: Via optical heart rate and ECG combine technology, about 30 seconds can show the data, after test will appear **To APP**, means ECG data save to phone “M Active”.

Blood pressure: Tap to enter and start to measure, put your hand down, around 1 min show up the result.

Thermometer: The body temperature will be measured as soon as you enter. The normal body temperature is 35.9-37.2 degrees. The body temperature is different at various times of the day. The maximum temperature difference exceeds 1 degree. If it exceeds 37.3 degrees, it is considered a low-grade fever.

Sedentary: Set a long-time reminder of sit, remind you have a stand when time up.

Anti-lost: click “find phone”, connected phone will be ringing warning, after find the phone, tap “End” of the phone to stop the alarm, it works both watch and Apps sides.

Alarm: Setting 5 alarms maximum, long press can cancel alarm.

Stopwatch: Single timing, tap the left icon to start timing, and tap to pause, tap again for cumulative time.

Calculator

Calendar

Setting: All the settings here for set as following;

Bluetooth Setting: Turn on/off the Bluetooth for watch.

Clock: clock type, there are couples standby watch faces to choose. Time will be synced once connected with M Active App.

Wake up screen receives notification: You can set wake up the watch screen when messages received. Battery working time will reduce.

Display: Set the screen on time, and brightness adjustment.

Sound: you can select the caller profile, select Ringtones, select notification ringtones;

Reset: Recovery the device.

Languages: Default as auto-sync, it will sync to the phone language. It allows manually select your prefer language.

Raise wrist to Wake-up: Main menu – Motion – Wake up gesture - ON

Warranty

1. If it appears quality problems caused by manufacturing, materials, design within one year



(since the day of purchase) , battery and cable within 6 months. we will offer free warranty.
Premise is using normally and correctly.

2. About the fault caused by the user's personal reasons, we don't offer free warranty, as follows:

1). Disassemble or refit the product.

2). Caused by immodesty drop

3). All artificial damage or misuse (such as: make water into the host, the external force shatter, scratch damage of peripheral components, etc.), all these are beyond the scope of the warranty.

3. When ask for free warranty, you must provide a warranty card with the seal of purchase place and purchase date.

4. If you met problems during use, please contact the shop customer service which you bought from.

5. Please make the final products as the standard.

Date of purchase:

IMEI code:

Buy store:

