



SAMRT WATCH USER MANUAL

Smart watches

Thank you for choosing our smartwatch. You can read this manual to fully understand the use of the device, this device is mainly through Bluetooth connection to the mobile phone for adaptation, provides a variety of practical functions and services to facilitate your operation of the mobile phone, and developed a lot of functions for human movement and health. The Company reserves the right to make changes to the contents of this manual without prior notice without prior notice.

This product does not support rain, hand washing, swimming wear, hot shower or sauna can not be worn, can not prevent water vapor, if the watch is damaged by water inlet due to non-use according to the instructions, the company does not make a free warranty.

Basic parameters

- 1.91" resolution of 240x296
- 2.5D full touch screen
- Waterproof rating IP67
- Support Bluetooth 5.3
- *Battery capacity 210mAh

Product configuration: User Manual X1, Smart Watch X1, Silicon Strap X1, Charging line X1.

Operating instructions



Switch button:
Long press to turn on,
Short press to enter/exit the menu,
Double-click to switch menu style
Rotate encoder, switch dial and slide menu

Underline: Message Notification



Charging instructions

Using magnetic charging mode, support computer USB or mobile phone 5V standard charger, as shown in the following figure:



Tips:

Please use a charger that meets international safety standards for charging, other chargers can charge, there may be problems such as slow charging, heating, etc., please use with caution. The magnetic suction charging head contains a magnet inside, which prohibits long-term contact with high temperatures, and demagnetization may occur.

Pair the connection

1. Use the mobile phone to download the APP "CO-HI" to the mobile phone and install, two ways:
1) iOS/Android mobile phone users: Scan the right two-dimensional code through the mobile phone browser, or scan it with WeChat. After opening the interface <=, select Android/iOS in the interface and then use your phone's browser to open the download.
2) If the watch starts up for the first time or recovers After the factory starts the watch, before entering the main interface, The QR code will be displayed and scanned through a mobile browser or via WeChat Scan, open the interface, and then use the mobile browser to open the download.



Tips:

The mobile phone system requires Android 5.1 (inclusive) or above, iOS 9.0 (inclusive) or above. The permissions during the installation process require all the optional consent, otherwise it may affect the use of the function.

2. connect Bluetooth, first open "YouPro APP" and open the phone Bluetooth, "YouPro APP" will have a notification prompt to enable, click "OK" Click "Scan Device" on the APP device page, search for the Bluetooth address or Bluetooth name of the watch, select and connect.

Tips:

Some Android mobile phone systems need to open the mobile phone GPS to search for the Bluetooth name of the watch.

Main Function Introduction:

- 1 Phone dialing: connect to call Bluetooth, dial from the watch, you can make a call on the watch side; there are contacts and call records in the dial interface, and frequently used contacts need to add settings in the APP.
- 2 Message: This function needs to be connected to the "HiFlash" app on the mobile phone to query the third-party program messages that set the message notification.
- 3 Sleep monitoring: It will record your sleep duration and quality from 9 o'clock every night to 9 o'clock the next morning to help you better adjust your work and rest time and improve sleep quality.
- 4 Heart rate monitoring: Wear a watch, the best place to wear it is the wrist bone above the arm, you can monitor the real-time heart rate value, the normal value of the average person is 60-90 beats /min. Click start on the heart rate interface, the value will be measured after about 20-30 seconds, and the detection will stop after 60 seconds, and the value will be the heart rate value when the detection was stopped.
- 5 Blood pressure: When testing, please lay your hands flat, the blood pressure value will be displayed within one minute.
- 6 Blood oxygen: enter the blood oxygen function, press start to enter the test, the normal blood oxygen saturation is about 94-99%.
- 7 Outdoor sports: a variety of outdoor sports, you can monitor your exercise.
- 8 Indoor exercise: A variety of indoor exercises can monitor your exercise data more accurately. At the same time, the heart rate monitoring will be turned on, and the motion of stopping or pausing can be set on the exercise mode interface.
- 9 Bluetooth camera: You need to enter the camera function in the APP, shake the watch back and forth several times to remotely control the camera.
- 10 Bluetooth music: After connecting and calling Bluetooth, you can play/control the music in the phone.
- 11 Weather: After connecting the mobile phone to synchronize data, you can check the weather of the day.
- 12 Settings: Carry out various local settings of this machine, including brightness, rest screen duration, hand up on screen, do not disturb mode, sound and vibration, language switching, mobile phone QR code connection, watch password, shutdown, factory reset, the machine information etc.

Warm tips: If the WeChat desktop version is online at the same time, the mobile phone terminal will not receive the letter notification. Some mobile phones also need to add "YouPro APP" to the power-saving whitelist to avoid being turned off by the phone when the battery is low.

Warranty instructions

1. When this product is in normal use, if there is a product quality problem caused by manufacturing, material, design and other reasons, from the date of purchase, the motherboard has a free warranty within one year, the battery, charger warranty for half a year.

2. Due to the failure caused by the user's personal, the free Warranty is not provided, as follows:

1) Unauthorized disassembly, modification of watches, etc. caused by malfunctions.

2) Failure caused by accidental fall during use.

3) All man-made damage or due to the fault of a third party misuse (such as hot water ingress, external force cracking, scratch damage of peripheral components, etc.), is not covered by the warranty.

3. When requesting free warranty, please provide a warranty card with the date of purchase and the seal of the place of purchase.

FCC Caution:

The device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
 - Increase the separation between the equipment and receiver.
 - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
 - Consult the dealer or an experienced radio/TV technician for help.
- The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.