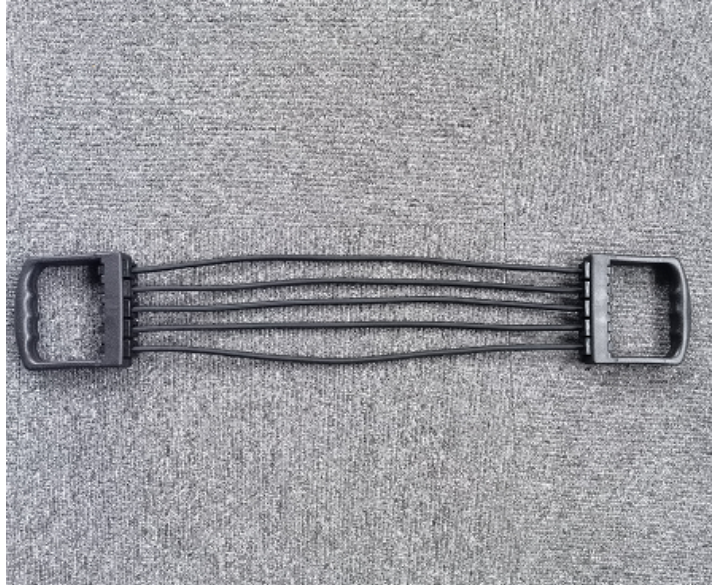


Chest Expander

User instruction

KEYCODE: 43171781



WARNING: DO NOT ASSEMBLE OR USE THIS PRODUCT WITHOUT READING THIS MANUAL. ADULT ASSEMBLY IS REQUIRED. CHECK THE PRODUCT IS IN GOOD WORKING ORDER BEFORE EACH USE. REPLACE THE PRODUCT IF ANY BROKEN PARTS.



User instruction



MODE 1



MODE 2



MODE 3



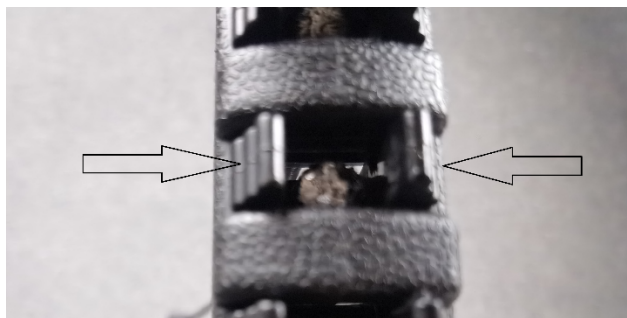
MODE 4



MODE 5

Mode changing instruction:

1, Reduce elastic band, press the two clips and push it out.



2, increase elastic band, press the two clips and push it in the slot, there is click sound once it secured.

