



X-TREME

SUSPENSION ROLLATOR



USER MANUAL

PRODUCT CODE: **WA01085**



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1. DEALER

This manual **MUST** be given to the user of the product.

2. USER

BEFORE using this product, read this manual and save for future reference.

3. INDICATIONS FOR USE

This walking aid is suitable for a single user with limited mobility and is ideal for indoor and outdoor use.

4. WARNING

BEFORE TRANSFERRING OWNERSHIP OF THE PRODUCT TO A DIFFERENT USER ALWAYS HAVE A DEALER INSPECT THE PRODUCT FOR ANY DAMAGE. IF ANY DAMAGE IS FOUND, DO NOT USE THE PRODUCT. PRODUCT MUST ALWAYS BE ACCOMPANIED WITH THESE INSTRUCTIONS AND WARNINGS. FAILURE TO HEED INSTRUCTIONS AND WARNINGS INCREASES RISK OF INJURY.

SAFETY SYMBOLS USED ON PRODUCT AND IN THIS MANUAL	
 WARNING!	Indicates a potentially hazardous situation which, if not avoided, could result in serious injury and equipment damage
 CAUTION	Indicates a potentially hazardous situation which, if not avoided, could result in minor or moderate injury to the user or patient or damage to the device or other property

5. X-TREME ROLLATOR DIAGRAM



1. Handle

2. Brake Lever

3. Height adjustment
button

4. Pouch

5. Seat

6. Backrest

7. Castor



WARNING! This rollator has a weight capacity of 450 Lb/204 Kg. Always observe the weight limit on the labelling of your rollator.

6. INDICATIONS FOR USE

Congratulations on purchasing a quality rollator. Our rollators are lightweight walking aids and conveniently provide stability and balance for those who have limited mobility. The included seat can be used to rest for those who experience fatigue while ambulating.

Rollators with 6" wheels or less are recommended for indoor use only. Rollators with 7" wheels or greater are ideal for both indoor & outdoor use.



Read all instructions and warnings prior to assembly and use. If you do not understand these instructions, contact a health professional before attempting to use.

7. ROLLATOR INCLUDES

1. Pouch
2. Backrest
3. User Manual
4. Cane Holder Attachments

8. ASSEMBLY INSTRUCTIONS



WARNING! Inspect all parts for shipping damages before use. If there is shipping damage – **DO NOT USE**. Contact the dealer/distributor immediately for further instructions. If there are any problems with the rollator, **DO NOT** attempt to repair it yourself. Contact the dealer/distributor that you purchased the rollator from for any needed parts or repairs.

CareCo Brands assumes no responsibilities for any damage or injury caused by improper installation, assembly, or use of this product.



8. ASSEMBLY INSTRUCTIONS

8.1 UNFOLDING ROLLATOR

1. Remove rollator from its packaging and place it so all four wheels contact the floor.
2. While gripping handlebars, push outward until rollator is fully open.
3. Once rollator is open, push firmly on both sides of the seat to flatten it.
4. When the seat is completely flat, an audible click will be heard.



8.2 ATTACHING THE BACKREST

1. Once the rollator is fully opened, install the backrest by lining up the plastic brackets on either end of backrest attachment to the brackets opposite the brake handles on the front side of the rollator.
2. Starting at one end, slide the male bracket on the backrest attachment into the female bracket on the rollator frame. Repeat for the other side.
3. Slide the brackets downward until the female and male ends are completely flush.



8. ASSEMBLY INSTRUCTIONS



WARNING! Ensure the rollator is fully opened, the seat is snapped down, and the backrest is locked and fully secured **BEFORE** use.

8.3 SETTING HANDLE HEIGHT ADJUSTMENT

1. Push red height release button on back of the handle.
2. While pressing the button, pull the handles upward.
3. Move the handles upward until the desired height is reached.
4. Release the button and ensure the button snaps into place at the corresponding hole.
5. Repeat steps 1 through 4 for the second handle so both handles are at an equal and desired height.



8. ASSEMBLY INSTRUCTIONS

8.4 ATTACHING FRONT POUCH

1. Remove pouch from packaging.
2. Unfold rollator (refer to Unfolding Rollator section) and unfold pouch by releasing hook and loop straps.
3. Slide the loops on each side of the pouch over the knobs extending from the front of the rollator's seat.
4. Slide pouch all the way onto knobs until the pouch is firmly in place.

8.5 CANE HOLDER INSTALLATION

1. Adjust lower cane platform and upper cane holder tip to desired setting using a 4 mm Allen wrench.



Upper Clip



Lower Clip

2. After both attachments have been adjusted properly, place the upper clip directly under the handle height adjustment mechanism.



8. ASSEMBLY INSTRUCTIONS

3. Place the cane holder platform on the lower section of the frame as shown in the image below.



4. Rest cane tip in bottom platform and clip the cane shaft into the upper clip.



WARNING! ALWAYS ensure that the cane tip is securely seated in the lower platform to prevent a tripping or fall hazard that could cause serious injury. **ALWAYS** use caution when cane attachment is in use to prevent the cane grip or wrist strap from getting caught or snagged on nearby objects.

8. ASSEMBLY INSTRUCTIONS

8.6 BRAKE OPERATION

1. To engage the parking brake (lock the brakes), press down on the brake handle until the handle locks in place.
2. To release and/or engage the brakes, squeeze the brake handle up towards the hand grip.



WARNING! DO NOT use the hand brake as a primary stopping tool. It may be used if needed but is primarily designed to maintain a stopped stance. Brakes and tires are non-durable components which will require maintenance through the life of the rollator. Brakes **MUST** be adjusted so that the wheels do not turn while the brake is applied or when the brake lock/parking brake is engaged. If wheels turn while the brake is applied and/or when the brake lock is engaged, **DO NOT** continue to use the rollator. If you are unable to adjust, repair or replace, contact your dealer/distributor for assistance.

8. ASSEMBLY INSTRUCTIONS

8.7 BRAKE ADJUSTMENT

1. Hold the screw housing firmly.
2. Adjust brake by pressing downwards on the screw housing and turning clockwise or counter-clockwise to adjust. Refer to images below for further assistance.



8.8 FOLDING/STORAGE

1. Ensure items in the pouch have been removed.

The rollator can easily fold from the user's side by pulling the nylon strap on the seat up. The rollator will begin to fold as the nylon strap is pulled.



9. WALKING WITH THE ROLLATOR

1. Standing behind the rollator, slowly roll forward so that the rear wheels are a few inches **IN FRONT** of your feet.
 2. Step forward and place your foot **IN LINE** with the rear wheels, but slightly inside of the wheels.
 3. Maintaining a steady roll forward, place your other foot **IN LINE** with the rear wheels.
 4. Determine a safe gait to keep your feet **IN LINE** with the rear wheels.
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CAUTION! BE AWARE of your surroundings when operating the rollator. Look for hazards and avoid them. Avoid streets and surfaces with water, sand, gravel, dirt, leaves, and other debris. Wet, slick, uneven, and/or rough surfaces may impair traction and contribute to possible accidents. Loose cords and unsecured rugs may move suddenly and cause a loss of balance.



WARNING!

- **DO NOT** use a rollator in mud, ice, or puddles.
 - **NEVER** use near steps, sloped driveways, hills, and/or ramps with a steep incline (**NEVER** greater than 15 degrees).
 - **DO NOT** walk backwards down a slope.
 - **DO NOT** use stairs or escalators while using the rollator.
 - **DO NOT** use near swimming pool areas.
 - **ALWAYS** take additional care and move slowly when moving from carpeted to hard surface floors or cracks/separations in walk way surfaces; avoid bumps, drainage gates, and sudden surface changes. Rollator may abruptly stop if a wheel becomes wedged.
 - **ALWAYS** wear protective footwear while using the rollator
 - **ALWAYS** keep shoelaces, loose clothing and/or accessories clear of the wheels and handlebars during use.
 - **ALWAYS** maintain good posture while using the rollator. When walking with the rollator, keep your feet in line with the rear wheels, and **DO NOT** let the rollator get too far in front of you. When sitting on the rollator, keep both feet in contact with the floor and **DO NOT** lean out of the seat.
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10. SITTING IN THE ROLLATOR

1. **ALWAYS** Engage parking brakes when seated in the rollator (refer to Brake Operation section).
2. Gently ease into the seat of the rollator by using the hand grips for support while lowering body into the rollator. Apply weight evenly across both hand grips.
3. To stand, use the hand grips for support and safely come to an upright position. Apply weight evenly across both hand grips.
4. Disengage parking brakes before resuming use of the rollator.



CAUTION!

- **DO NOT** sit on the rollator if it is parked on a slope. Only use the seat on level ground.
 - **DO NOT** “plop” and/or drop all body weight immediately into the rollator. Ease gently into the seat.
 - **DO NOT** use the backrest bar to support your weight. Leaning back while seated on the rollator may cause the device to tip.
 - **ALWAYS** engage both parking brakes before sitting in the rollator. **DO NOT** move or scoot while seated in the rollator. Parking brakes **MUST** remain engaged at all times while seated. Ensure the front wheels are in the forward position before transferring into or out of the seat. **DO NOT** use the rollator as a wheelchair or transport device. This is a walking aid **ONLY. NEVER** scoot, roll, or propel device while seat is occupied.
 - **DO NOT** attempt to reach objects that are out of your immediate reach while seated on the rollator. **DO NOT** lean forward, backward, or to either side while seated on the rollator.
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11. MAINTENANCE

- Wipe rollator frame with a clean, soft cloth at least once a week. All metal parts can be cleaned with auto wax or similar products. If exposed to moisture, dry immediately
 - Wipe the hand grips with cold water and a clean towel.
 - **NEVER** use ammonia-based cleaning solutions or soap on the hand grips. This may cause them to loosen or slide off the frame.
 - **NEVER** use organic solvents, abrasive cleaners or scouring pads on any part of the rollator.
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WARNING!

- This rollator should **NEVER** be used inside a moving vehicle as a walking aid or seat.
 - **ALWAYS INSPECT ROLLATOR PRIOR TO USE.** Properly inspecting and maintaining your rollator can reduce the risk of injury. Make sure that all parts are secure and are in good working order. **ALWAYS** check the fasteners, wheels, brakes, and seat for tightness prior to use. Make sure the parking brakes are working, and the rollator wheels cannot turn with the brakes on. If rollator is not in good working order or fasteners cannot be tightened, **DISCONTINUE USE OF THE ROLLATOR** and replace.
 - **ALWAYS** wear protective footwear while using the rollator.
 - **ALWAYS** keep shoelaces, loose clothing and/or accessories clear of the wheels and handlebars during use.
 - **ALWAYS** make sure the rollator is fully opened and the folding bar is locked in the down position before use.
 - **ALWAYS** maintain good posture while using the rollator. When walking with the rollator, keep your feet in line with the rear wheels, and **DO NOT** let the rollator get too far in front of you. When sitting on the rollator, keep both feet in contact with the floor and **DO NOT** lean out of the seat.
 - **BE AWARE** of your surroundings when operating the rollator. Look for hazards and avoid them. Avoid streets and surfaces with water, sand, gravel, dirt, leaves, and other debris. Wet, slick, uneven, and/or rough surfaces may impair traction and contribute to possible accidents. Loose cords and unsecured rugs may move suddenly and cause a loss of balance.
 - **DO NOT** use a rollator in mud, ice, or puddles.
 - **NEVER** use near steps, sloped driveways, hills, and/or ramps with a steep incline (**NEVER** greater than 15 degrees).
 - **DO NOT** walk backwards down a slope.
 - **DO NOT** use stairs or escalators while using the rollator.
-



11. MAINTENANCE



WARNING!

- **DO NOT** use near swimming pool areas.
- **ALWAYS** take additional care and move slowly when moving from carpeted to hard surface floors or cracks/separations in walk way surfaces; avoid bumps, drainage gates, and sudden surface changes. Rollator may abruptly stop if a wheel becomes wedged.
- **DO NOT** use the rollator to pull yourself up from a chair or other seated position. Use the arms of the chair to support your weight as you stand.
- **DO NOT** sit on the rollator if it is parked on a slope. Only use the seat on level ground.
- **DO NOT** “plop” and/or drop all body weight immediately into the rollator. Ease gently into the seat.
- **DO NOT** use the backrest bar to support your weight. Leaning back while seated on the rollator may cause the device to tip.
- **ALWAYS** engage both parking brakes before sitting in the rollator. **DO NOT** move or scoot while seated in the rollator. Parking brakes **MUST** remain engaged at all times while seated. Ensure the front wheels are in the forward position before transferring into or out of the seat.
- **DO NOT** use the rollator as a wheelchair or transport device. This is a walking aid **ONLY. NEVER** scoot, roll, or propel device while seat is occupied.
- **DO NOT** attempt to reach objects that are out of your immediate reach while seated on the rollator. **DO NOT** lean forward, backward, or to either side while seated on the rollator.
- **ALWAYS** have all wheels in contact with the floor/ground while using this device. Failure to maintain wheel contact could result in improper balance of the rollator and injury or damage.
- **DO NOT** hang anything from the rollator handles or frame. Items may only be carried in the provided pouch/basket.
- **DO NOT** climb, kneel, or stand on the rollator.
- This is not a toy. **DO NOT** let children play on the rollator.
- **DO NOT** use while under the influence of mind-altering drugs, alcohol, or while suffering from dizziness.
- **DO NOT** store in directly sunlight or outdoors. Exposure to extreme temperatures (heat, cold, moisture, etc.) may make surfaces (seat, hand grips, etc.) hot to the touch, weak or brittle. Ensure hand grips **DO NOT** twist and skin contact surfaces are cool to the touch before use.
- To ensure the best service from your product, **ONLY** use X-Treme Rollator replacement parts. Accessories designed by other manufacturers have not been tested by Compass Health Brands and are not recommended for use with this product.



11. MAINTENANCE



WARNING!

Although parts should be replaced as needed, to maintain optimal performance, it is recommended that non-durable components such as wheels and brakes are purchased and replaced at least every **18 MONTHS** or **BETWEEN PATIENT USE**. Contact your authorized dealer for more information.

THIS PRODUCT SHOULD NOT BE USED WITHOUT THE INSTRUCTION OF A HEALTHCARE PROFESSIONAL. FAILURE TO USE COMMON SENSE AND HEED THE ABOVE WARNINGS FURTHER INCREASES RISK OF SERIOUS INJURY. USE AT YOUR OWN RISK AND WITH APPROPRIATE AND SERIOUS ATTENTION TO SAFE OPERATION.

